# Does aldosterone blockade improve endothelial dysfunction in patients with coronary artery disease but without heart failure?

Submission date	Recruitment status No longer recruiting	Prospectively registered		
21/02/2006		☐ Protocol		
Registration date 29/03/2006	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	[] Individual participant data		
02/01/2014	Circulatory System			

#### Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

Dr Nimit Shah

#### Contact details

Department of Clinical Pharmacology Level 7 Ninewells Hospital Dundee United Kingdom DD1 9SY

#### Additional identifiers

Protocol serial number Sha001

# Study information

Scientific Title

#### Study objectives

Aldosterone blockade improves endothelial function in patients with coronary artery disease without heart failure

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Approved by the Regional Research Ethics Committee on 09/07/2004, reference number: 04 /S1401/82

#### Study design

Randomised, double-blind, placebo-controlled crossover trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Coronary artery disease

#### **Interventions**

Spironolactone versus placebo

#### Intervention Type

Drug

#### Phase

**Not Specified** 

#### Drug/device/biological/vaccine name(s)

Spironolactone

#### Primary outcome(s)

Improvement in endothelial function

#### Key secondary outcome(s))

- 1. Changes in brain natriuretic peptide (BNP)
- 2. Amino-terminal propeptide of type III procollagen (PIIINP)
- 3. Angiotensin converting enzyme (ACE) activity
- 4. Heart rate variability
- 5. QT dispersion

#### Completion date

31/12/2006

# **Eligibility**

#### Key inclusion criteria

- 1. Patient with known coronary artery disease
- 2. Chronic stable angina

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

All

#### Key exclusion criteria

- 1. Left ventricular systolic dysfunction
- 2. Renal failure
- 3. Hyperkalaemia
- 4. Warfarin therapy

#### Date of first enrolment

05/01/2005

#### Date of final enrolment

31/12/2006

#### Locations

#### Countries of recruitment

**United Kingdom** 

Scotland

# Study participating centre Department of Clinical Pharmacology

Dundee United Kingdom DD1 9SY

# Sponsor information

#### Organisation

University of Dundee (UK)

#### ROR

https://ror.org/03h2bxq36

# Funder(s)

#### Funder type

Charity

#### Funder Name

**British Hearth Foundation** 

### **Results and Publications**

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2007		Yes	No