# Labour induction in women at term with unfavourable cervix

Submission date	Recruitment status  No longer recruiting	<ul><li>Prospectively registered</li></ul>	
16/08/2009		☐ Protocol	
Registration date	Overall study status	Statistical analysis plan	
18/09/2009	Completed	Results	
Last Edited	Condition category	Individual participant data	
18/09/2009	Pregnancy and Childbirth	<ul><li>Record updated in last year</li></ul>	

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers N/A

# Study information

### Scientific Title

Sustained-release dinoprostone vaginal pessary with concurrent high-dose oxytocin infusion compared sustained-release dinoprostone vaginal pessary followed six hours later by high dose oxytocin infusion for labour induction in women at term with unfavourable cervix: a randomised controlled trial

### **Study objectives**

Can we use concurrent oxytocin infusion with dinoprostone vaginal pessary for cervical ripening and labour induction?

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Istanbul Bakirkoy Women and Children Hospitals Local Ethics Board approved on the 7th November 2008 (ref: 162)

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

# Study type(s)

Treatment

# Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Labour induction

#### Interventions

Women who were assigned randomly to receive the sustained-released dinoprostone (Propess®, Vitalis, Turkey) with concurrent high-dose oxytocin (Group A) had a single dose placed high into the vaginal fornix. This sustained-released product releases dinoprostone at a low but steady rate (0.3 mg/h). It remained in the vagina for up to 12 hours, as recommended by the manufacturer. At the same time, oxytocin infusion at 4 milliunits/min was started for all participants. Oxytocin infusion was doubled every 30 minutes to a maximum of 40 milliunits/min or until four contractions in 10 minutes was achieved.

Women who were assigned randomly to receive the sustained-released dinoprostone followed six hours later by high-dose oxytocin (Group B) had a single dose placed high into the vaginal fornix. A standart high-dose of intravenous oxytocin was administered 6 hours after the

insertion of the vaginal pessary. An initial dose of 4 mU/min was increased at 30 minute intervals by 4 mU/min to a maximum dose 40 mU/min or until four contractions in 10 minutes was achieved.

### Intervention Type

Drug

#### Phase

Phase I

# Drug/device/biological/vaccine name(s)

Oxytocin, dinoprostone

### Primary outcome measure

Number (rate) of women who went to vaginally deliver within 24 hours of the initiation of the protocol.

### Secondary outcome measures

- 1. Incidence of excess uterine activity (uterine hyperstimulation or uterine tachysystole)
- 2. Labour induction-to-delivery interval
- 3. Labour induction-to-active phase interval (defined as at least 6 uterine contractions per 20-minute intervals, with at least 70% effaced cervix and a cervical dilatation of greater than or equal to 4)
- 4. Total number of doses of dinoprostone pessary used
- 5. Meconium-stained liquor
- 6. Mode of delivery
- 7. Instrumental delivery rate
- 8. Maternal satisfaction score for the birth process obtained within 24 hours of delivery (a visual analog scale (VAS) with a range of 0 to 10, with higher score denoting greater satisfaction, was used to gauge maternal satisfaction)
- 9. Visual analogue scale pain score (ranged from 0 to 10, with 0 representing no pain to 10 representing unbearable pain)
- 10. Rates of maternal and neonatal complications:
- 10.1. Maternal complications included:
- 10.1.1. Incidence of maternal side effects (nausea, vomiting, diarrhoea, pyrexia)
- 10.1.2. Postpartum haemorrhage (blood loss greater than 500)
- 10.1.3. Third- or fourth-degree lacerations
- 10.1.4. Intrapartum chorioamnionitis (defined as temperature greater than or equal to 38°C accompanied by maternal or fetal tachycardia [greater than 160 beats/min], uterine tenderness, malodorous amniotic fluid discharge, and/or maternal leukocytosis [white blood cell count greater than 15,000 cell/min^3])
- 10.1.5. Postpartum endometritis (defined as temperature greater than or equal to 38°C accompanied by uterine tenderness and/or purulent or foul-smelling lochiae beyond the first 24 hours after delivery)
- 10.2. Neonatal complications noted were:
- 10.2.1. Apgar scores of less than 7 at 5 minutes
- 10.2.2. Neonatal jaundice
- 10.2.3. Rate of admission to the neonatal intensive care unit

Seondary analysis based on parity was also planned.

### Overall study start date

01/10/2007

### Completion date

01/02/2009

# **Eligibility**

### Key inclusion criteria

- 1. Single live fetus in cephalic presentation
- 2. Gestational age greater than or equal to 37 weeks as determined by the last menstrual period or by a first- or second-trimester ultrasound scan
- 3. Bishop score less than or equal to 4
- 4. Females aged 20 40 years

# Participant type(s)

**Patient** 

### Age group

Adult

### Sex

**Female** 

# Target number of participants

500

### Key exclusion criteria

- 1. Any contraindication to vaginal delivery
- 2. Previous caesarean section
- 3. Multiple pregnancy
- 4. Estimated fetal weight greater than 4500 g
- 5. Breech presentation
- 6. Antepartum haemorrhage
- 7. Evidence of fetal distress

### Date of first enrolment

01/10/2007

### Date of final enrolment

01/02/2009

# Locations

# Countries of recruitment

Türkiye

### Study participating centre

# Atakent Mah. Soyak Olypiakent Sitesi D10-57

Istanbul Türkiye 34303

# Sponsor information

### Organisation

Istanbul Bakirkoy Women and Children Hospital (Turkey)

### Sponsor details

Department of Obstetrics and Gynecology Istanbul Türkiye 34720 +90 (9)212 543 6270 istanbulea4@saglik.gov.tr

### Sponsor type

Hospital/treatment centre

# Funder(s)

### Funder type

Hospital/treatment centre

### **Funder Name**

Istanbul Bakirkoy Women and Children Hospital (Turkey) - Department of Obstetrics and Gynecology

# **Results and Publications**

### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration