Out of Hours Study: the effect of weekend and out-of-hours appointments on attendance rates at breast screening

| Submission date | Recruitment status No longer recruiting | [X] Prospectively registered | | |
|-------------------|--|--------------------------------|--|--|
| 20/10/2009 | | ☐ Protocol | | |
| Registration date | Overall study status | Statistical analysis plan | | |
| 27/10/2009 | Completed | [X] Results | | |
| Last Edited | Condition category | [] Individual participant data | | |
| 06/01/2014 | Cancer | | | |

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number N/A

Study information

Scientific Title

A multicentre randomised controlled study of the effect of weekend and out-of-hours appointments on attendance rates at breast screening

Acronym

OOHS

Study objectives

The primary purpose of the study is to discover whether the offer of weekend or out of hours screening appointments alters attendance rates, and if so, which is better, working hours appointments, weekday evening appointments or weekend appointments.

Women in Manchester and Bristol who are due a routine breast screening appointment will be randomised to trial arms, in which they will receive letters inviting them to an appointment in weekday working hours, an evening, a Saturday, or working hours with the option to change to an evening or Saturday. The measured endpoints for comparison will be overall attendance rates and attendance at first offered appointment.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Outer North East London Research Ethics Committee (REC) approved on the 15th March 2009 (ref: 09/H0701/96)

Study design

Multicentre randomised controlled trial

Primary study design

Interventional

Study type(s)

Screening

Health condition(s) or problem(s) studied

Breast cancer screening and prevention

Interventions

There are no trial drugs or treatments associated with this trial.

Women who are due to be invited for breast screening in Manchester and Bristol will be allocated, based on month of birth, to one of 6 groups. These will then be randomised in a ratio of 3:1:1:1 to the following conditions:

- 1. Usual invitation letter to a routine screening appointment within working hours
- 2. Invitation letter to a routine screening appointment within working hours, but with the option of changing to an appointment on a weekend or on a weekday evening
- 3. Invitation letter to a weekday evening screening appointment
- 4. Invitation letter to a weekend appointment

The time taken between sending letters and initial appointment is 5 weeks, if appointments are changed then those within 120 days will be counted. Therefore the maximum length of time the patient could be in the study is 155 days.

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Attendance rate. Comparison will be made between the two major arms of the study, those with a working hours appointment offered, and those with an evening or weekend appointment. Attendance is defined as attending a screening appointment either at the time originally offered, or at an alternative appointment time within 120 days of the original. Data capture will include the appointment date and time offered, and the appointment date and time actually attended (if any).

Key secondary outcome(s))

- 1. Whether the invitee attended the first appointment offered, measured by whether the radiographer records on the NBSS system database that the patient attended the original appointment (5 weeks after the invitation letter was sent out)
- 2. Comparison of the attendance rates between the four groups for subsets of the invitees. In particular, we shall evaluate the effect of the non-standard appointments at prevalence screen and by age group, but will also look at effects on incidence screens, previous attenders and previous non-attenders. This will be assessed using the attendance data collected from the primary outcome, and compared between the patient subsets.

Completion date

01/01/2011

Eligibility

Key inclusion criteria

All women (aged 47-73 at Manchester, 50-70 at Bristol, the age range which is eligible for the screening programme at these sites) scheduled for invitation in batches to their next breast screening appointment by the participating centres.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Female

Key exclusion criteria

Does not meet inclusion criteria

Date of first enrolment

01/01/2010

Date of final enrolment

01/01/2011

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Cancer Research UK Centre for Epidemiology, Mathematics and Statistics

London United Kingdom EC1M 6BQ

Sponsor information

Organisation

Queen Mary University of London (UK)

ROR

https://ror.org/026zzn846

Funder(s)

Funder type

Government

Funder Name

NHS Breast Screening Programme National Office (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summaryNot provided at time of registration

Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|-------------------------------|-------------------------------|--------------|------------|----------------|-----------------|
| Results article | results | 06/08/2013 | | Yes | No |
| Participant information sheet | Participant information sheet | 11/11/2025 | 11/11/2025 | No | Yes |
| Study website | Study website | 11/11/2025 | 11/11/2025 | No | Yes |