# Evaluating the Expert Patients Programme - process of implementation and outcomes

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
28/09/2004		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
12/01/2005	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
24/08/2015	Other			

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

Protocol serial number N/A

# Study information

#### Scientific Title

Evaluating the Expert Patients Programme - process of implementation and outcomes

### **Acronym**

REPORT - Research into Expert Patients Outcomes in a Randomised Trial

### **Study objectives**

The RCT is designed to test the clinical and cost-effectiveness of the EPP in the management of chronic conditions in England. A two-arm, patient level, randomised controlled trial: The intervention is the Expert Patient Programme, group-based chronic disease management programme, and the comparator is a 6-month waiting list control group. Patient population is adults with chronic disease, to be recruited from all 27 EPP Zones in the UK. Outcomes: include self-efficacy, health status, quality of life, and health service utilisation

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Study type(s)

**Not Specified** 

# Health condition(s) or problem(s) studied

Chronic condition as defined by the patient

#### Interventions

Randomisation at patient level to either Group 1 who will participate in the Expert Patients Programme (EPP) immediately or Group 2 the waiting list controls who will participate in the EPP six months after recruitment

### Intervention Type

Other

### Phase

**Not Specified** 

### Primary outcome(s)

Self-efficacy, health status, quality of life, and health service utilisation

### Key secondary outcome(s))

Not provided at time of registration

#### Completion date

28/02/2006

# **Eligibility**

# Key inclusion criteria

All individuals who are referred or self-refer to the Expert Patients Programme

# Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

### Age group

**Not Specified** 

#### Sex

**Not Specified** 

# Key exclusion criteria

Not provided at time of registration

### Date of first enrolment

01/04/2003

### Date of final enrolment

28/02/2006

# Locations

### Countries of recruitment

**United Kingdom** 

England

# Study participating centre

National Primary Care Research & Development Centre (NPCRDC)

Manchester United Kingdom M13 9PL

# Sponsor information

### Organisation

UK Department of Health

# Funder(s)

# Funder type

Government

### Funder Name

UK Department of Health

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2007		Yes	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes