

# Evaluating the Expert Patients Programme - process of implementation and outcomes

<b>Submission date</b> 28/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 12/01/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 24/08/2015	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

**Study website**  
<http://www.npcrdc.man.ac.uk/ResearchDetail.cfm?ID=117>

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof Anne Rogers

**Contact details**  
National Primary Care Research & Development Centre (NPCRDC)  
5th Floor, Williamson Building  
The University of Manchester  
Oxford Road  
Manchester  
United Kingdom  
M13 9PL  
+44 (0)161 275 7601  
[anne.rogers@man.ac.uk](mailto:anne.rogers@man.ac.uk)

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

## **Secondary identifying numbers**

N/A

# **Study information**

## **Scientific Title**

Evaluating the Expert Patients Programme - process of implementation and outcomes

## **Acronym**

REPORT - Research into Expert Patients Outcomes in a Randomised Trial

## **Study objectives**

The RCT is designed to test the clinical and cost-effectiveness of the EPP in the management of chronic conditions in England. A two-arm, patient level, randomised controlled trial: The intervention is the Expert Patient Programme, group-based chronic disease management programme, and the comparator is a 6-month waiting list control group. Patient population is adults with chronic disease, to be recruited from all 27 EPP Zones in the UK. Outcomes: include self-efficacy, health status, quality of life, and health service utilisation

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

Not provided at time of registration

## **Study design**

Randomised controlled trial

## **Primary study design**

Interventional

## **Secondary study design**

Randomised controlled trial

## **Study setting(s)**

Not specified

## **Study type(s)**

Not Specified

## **Participant information sheet**

## **Health condition(s) or problem(s) studied**

Chronic condition as defined by the patient

## **Interventions**

Randomisation at patient level to either Group 1 who will participate in the Expert Patients Programme (EPP) immediately or Group 2 the waiting list controls who will participate in the EPP six months after recruitment

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

Self-efficacy, health status, quality of life, and health service utilisation

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/04/2003

**Completion date**

28/02/2006

**Eligibility****Key inclusion criteria**

All individuals who are referred or self-refer to the Expert Patients Programme

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

600

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/04/2003

**Date of final enrolment**

28/02/2006

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

**National Primary Care Research & Development Centre (NPCRDC)**

Manchester

United Kingdom

M13 9PL

## **Sponsor information**

**Organisation**

UK Department of Health

**Sponsor details**

Dr Geoff Royston

Operational Research

Quarry House

Quarry Hill

Leeds

United Kingdom

LS2 7UE

**Sponsor type**

Not defined

## **Funder(s)**

**Funder type**

Government

**Funder Name**

UK Department of Health

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/03/2007		Yes	No