

# Moxonidine for the treatment of fibromyalgia: a prospective double-blind, randomised, single-centre, placebo-controlled, parallel group study

<b>Submission date</b> 16/10/2005	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
<b>Registration date</b> 07/11/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 21/09/2007	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

BP3/2005

# Study information

## Scientific Title

### Study objectives

Fibromyalgia (FM) is a common illness that affects ~ 2.5% of the general population, of which the majority (9/1) are female. FM is characterized by chronic widespread pain and by sleeping problems. Patients with FM frequently have other symptoms such as headaches, nocturnal jaw tightness, morning stiffness, tingling and numbness of arms and legs, irritable bowel, urinary urgency, dryness in the mouth and eyes, cold swollen hands, anxiety and/or depression. Another characteristic of FM is tenderness at palpation in defined points at the neck and lower back areas.

### Hypothesis:

Sympathetic nervous system function in fibromyalgia seems overactivated. I1-Imidazoline agonist Moxonidine decreases sympathetic nerve activity. This study assess the efficacy and safety of Moxonidine in patients with fibromyalgia.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

A prospective double-blind, randomised, single-centre, placebo-controlled, parallel group study

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

### Participant information sheet

### Health condition(s) or problem(s) studied

Fibromyalgia

### Interventions

1. Moxonidine 0.2 mg/12 hours
2. Placebo/12 hours

### Intervention Type

Other

## **Phase**

Not Specified

## **Primary outcome measure**

The primary outcome was improvement in the pain score (10-cm visual analog scale [VAS]) at 24 weeks.

## **Secondary outcome measures**

1. Fibromyalgia Impact Questionnaire (FIQ)
2. The tender point score
3. The Hamilton Anxiety and Depression Scale (HADS)

## **Overall study start date**

01/12/2005

## **Completion date**

30/08/2006

# **Eligibility**

## **Key inclusion criteria**

1. Ages eligible for study: 30 - 60 years
2. Genders eligible for study: both
3. Diagnosis of fibromyalgia defined by 1990 American College of Rheumatology (ACR) criteria

## **Participant type(s)**

Patient

## **Age group**

Adult

## **Sex**

Both

## **Target number of participants**

60

## **Key exclusion criteria**

1. Psychiatric illness
2. Depression
3. Suicidal risk
4. Substance abuse
5. Pulmonary dysfunction
6. Renal impairment
7. Active cardiac disease
8. Liver disease
9. Autoimmune disease
10. Cancer

- 11. Sleep apnea
- 12. Chronic Fatigue Syndrome
- 13. Inflammatory bowel disease
- 14. Contraindication of Moxonidine

**Date of first enrolment**

01/12/2005

**Date of final enrolment**

30/08/2006

## Locations

**Countries of recruitment**

Spain

**Study participating centre**

Paseo Manuel Girona, 33

Barcelona

Spain

08034

## Sponsor information

**Organisation**

Foundation for Fibromyalgia and Chronic Fatigue Syndrome (Spain)

**Sponsor details**

Joan Guell

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08028

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**Sponsor type**

Charity

**Website**

<http://www.fundacionfatiga.org>

**ROR**

<https://ror.org/03p4nrj93>

# Funder(s)

## Funder type

Charity

## Funder Name

Foundation for Fibromyalgia and Chronic Fatigue Syndrome (Fundacion para la Fibromialgia y el Síndrome de Fatiga Crónica) (Spain)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration