# Prospective, randomised, double-blind trial of heparin or 0.45% saline infusion through the long line to reduce the incidence of long line sepsis in very low birth-weight infants

Recruitment status	[X] Prospectively registered
No longer recruiting	☐ Protocol
Overall study status	Statistical analysis plan
Completed	Results
Condition category	Individual participant data
Neonatal Diseases	Record updated in last year
	No longer recruiting  Overall study status  Completed  Condition category

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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# Additional identifiers

EudraCT/CTIS number

IRAS number

#### ClinicalTrials.gov number

## Secondary identifying numbers

06/Q0403/14

# Study information

#### Scientific Title

Prospective, randomised, double-blind trial of heparin or 0.45% saline infusion through the long line to reduce the incidence of long line sepsis in very low birth-weight infants

#### Acronym

HILL study

#### Study objectives

Intravenous heparin infusion reduces bacterial adherence in long lines by reducing fibronectin deposition and thereby reducing the incidence of long line sepsis.

## Ethics approval required

Old ethics approval format

#### Ethics approval(s)

St Mary's Local Research Committee, 11/05/2006, ref: 06/Q0403/14

#### Study design

Randomised controlled trial

## Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Prevention

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Long line infections in very low birth-weight (VLBW) infants

#### **Interventions**

The trial has started enrolling patients from 1st September 2007.

Heparin infusion in long line versus placebo (0.45% saline infusion).

# Intervention Type

Drug

#### Phase

**Not Specified** 

# Drug/device/biological/vaccine name(s)

Heparin

#### Primary outcome measure

- 1. Reduction in the rate of long line infections
- 2. Increase in the longevity of long lines
- 3. Reduction in the number of long lines used
- 4. To record any adverse effects e.g. bleeding tendencies associated with the use of heparin

#### Secondary outcome measures

1. Reduction in catheter-related thromboses

#### Overall study start date

01/08/2006

#### Completion date

31/07/2009

# **Eligibility**

## Key inclusion criteria

Infants admitted to Winnicott Baby Unit (Neonatal Intensive Care Unit [NICU]), St Mary's Hospital and born with birth weight <1500 g and who need a long line inserted for any medical indication and for whom written parental consent has been obtained are eligible to enter the study. Each baby can be enrolled only once in the study - the same infant will not be enrolled for the study again if he/she needs another long line inserted and if he/she has already been in the study before.

# Participant type(s)

Patient

## Age group

Neonate

#### Sex

Both

# Target number of participants

128 very low birth-weight (VLBW) infants

#### Key exclusion criteria

1. Infants who have a persisting haemorrhagic diathesis at time of proposed insertion of long line (LL). (International normalised ratio [INR] >1.8, activited partial thromboplastin time [APTT] >79.4 sec: Andrew M, et al 1988. Blood 72:1651-7)

2. Infants for whom parents have refused consent

- 3. Infants with birth weight ≥1500 g
- 4. Infants who have a ≥grade 3 intraventricular haemorrhage, unilaterally or bilaterally (by Papille's classification)
- 5. Infants with culture proven infection within 48 hours prior to long line insertion
- 6. Infants with platelet counts  $<100 \times 10^9/l$
- 7. Infants who are deemed clinically unstable by the attending clinician but not from getting a LL

# Date of first enrolment

01/08/2006

#### Date of final enrolment

31/07/2009

# Locations

# Countries of recruitment

England

**United Kingdom** 

Study participating centre
St Mary's Hospital, Bays Building
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# Sponsor information

#### Organisation

St Mary's Hospital (UK)

#### Sponsor details

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#### Sponsor type

Government

#### **ROR**

https://ror.org/001x4vz59

# Funder(s)

# Funder type

Government

#### Funder Name

St Mary's Hospital NHS Trust (UK)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration