# Does the eradication of endoparasites promote allergic disease?

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
31/10/2005	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
15/11/2005	Completed	Results
Last Edited	Condition category	Individual participant data
16/10/2008	Skin and Connective Tissue Diseases	<ul><li>Record updated in last year</li></ul>

## Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Carsten Flohr

#### Contact details

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# Additional identifiers

Protocol serial number

N/A

# Study information

Scientific Title

# Acronym

DB Study

#### Study objectives

Allergic disease is becoming increasingly frequent in urban centres of developing nations, such as Viet Nam. In this context, the role of endoparasite exposure has been debated for years. Some but not all cross-sectional studies suggest that the relatively high prevalence of allergic disease and atopy in urban areas of developing countries may be partly explained by a reduction in exposure to endoparasites, especially hookworm and Ascaris lumbricoides. It is likely that some of the effects demonstrated in cross-sectional population-based studies are due to confounding or even reverse causality, such that atopics have an immune system that reduces worm burden. Only an intervention study will be able to clarify this matter.

#### Ethics approval required

Old ethics approval format

## Ethics approval(s)

Nottingham Research Ethics Committee 2, Ref. REC/Q2010305, 3rd Dec 2004

#### Study design

Double blind randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Allergic disease, soil-transmitted helminths

#### **Interventions**

The original study protocol used three-monthly single dose Mebendazole 500 mg over one year. After the first treatment round, investigators noticed low efficacy of this regime. Therefore, a treatment comparison study was conducted to select the best treatment, and Albendazole 400 mg for three consecutive days was chosen.

The amended protocol compares three-monthly Albendazole versus placebo over 9 months.

# Intervention Type

Drug

#### Phase

**Not Specified** 

# Drug/device/biological/vaccine name(s)

Albendazole

## Primary outcome(s)

Change in percent fall in peak expiratory flow after exercise challenge post gut worm treatment

# Key secondary outcome(s))

Change in skin prick test hypersensitivity, host cytokine profiles, and allergic disease prevalence (skin examination for eczema and questionnaire-based for wheeze and rhinitis) post gut worm treatment

## Completion date

30/06/2006

# **Eligibility**

#### Key inclusion criteria

All primary and secondary school children (age 6-15) in four communes in Khanh Hoa province, central Viet Nam

## Participant type(s)

**Patient** 

# Healthy volunteers allowed

No

## Age group

Child

#### Sex

All

#### Key exclusion criteria

Known allergy to Albendazole

#### Date of first enrolment

01/04/2005

#### Date of final enrolment

30/06/2006

# **Locations**

#### Countries of recruitment

Viet Nam

Study participating centre
Oxford University Clinical Research Unit
Ho Chi Minh City

Viet Nam

# Sponsor information

# Organisation

University of Nottingham (UK)

#### ROR

https://ror.org/01ee9ar58

# Funder(s)

# Funder type

Charity

#### **Funder Name**

Asthma UK (UK)

## Alternative Name(s)

asthmalunguk, Asthma UK, Asthma + Lung UK

## **Funding Body Type**

Private sector organisation

# Funding Body Subtype

Research institutes and centers

#### Location

United Kingdom

# **Results and Publications**

Individual participant data (IPD) sharing plan

IPD sharing plan summary