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IPS Mental Health & Employment Support Evaluation

Submission date	Recruitment status	[X] Prospectively registered
17/07/2015	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
13/08/2015	Completed	[ ] Results
Last Edited	**Condition category**	[ ] Individual participant data
04/04/2016	Mental and Behavioural Disorders	[ ] Record updated in last year

Plain English summary of protocol

Background and study aims
Individual Placement and Support (IPS) is a model of support which has been tested in secondary care settings (hospitals) for people with severe and enduring mental health conditions. The objective of IPS is to get people back to work as soon as possible and to support them in employment both occupationally and psychologically. This study will test the impact of the intervention (or programme) when applied to people with common mental health conditions. By integrating local employment support (IPS) and clinical support services provided by NHS' Improving Access to Psychological Therapies (IAPT) among other community services and 'treatments as usual', we hope to demonstrate that significant savings can be achieved as well leading to improvements in the participants health and employment prospects. It has already been tested on a small group (500 employment and support assistance claimants with common mental health conditions) to check what worked and why from the perspectives of claimants, advisers, and providers as well as analysis of measures of distance travelled (including wellbeing, self-efficacy for work, and a clinical measure of mental health). The aim of this study is to assess the programme on a larger number of people and in the field.

Who can participate?
Mostly claimants of Employment and Support Allowance (ESA) although a proportion of Jobseekers' allowance claimants who are experiencing common mental health conditions will also be included.

What does the study involve?
In each participating area, participants are randomly allocated to one of two groups: treatment and control. The treatment group receive IPS and the control group receive whichever pre-existing alternative type of support is deemed most appropriate (e.g. IAPT, medication, community support).

What are the possible benefits and risks of participating?
Possible benefits include improved mental health and employment. We do not anticipate any risks above what would be expected in daily life

Where is the study run from?
Three areas in the UK: West London, Blackpool and Northumberland.

When is the study starting and how long is it expected to run for?
September 2015 to December 2017

Who is funding the study?
HM Cabinet Office (UK)

Who is the main contact?
Ms Ní Chonaire

Contact information

Type(s)
Public

Contact name
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Additional identifiers

Protocol serial number
TP2015012

Study information

Scientific Title
Examining the effect of Individual Placement and Support for those receiving mental health support on employment and health outcomes.

Study objectives
Does an integrated employment and mental health support programme (the IPS model) increase the number of people ceasing to receive unemployment benefits and increase their health outcomes?

Ethics approval required
Old ethics approval format

Ethics approval(s)
London - City Road & Hampstead Research Ethics Committee, 05/02/2016, REC ref: 15/LO/2158

Study design

Randomised controlled trial (individual level)

Primary study design
Interventional

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Mental health

Interventions
1. The control condition will receive mental health treatment as usual e.g. Improving Access to Psychological Therapies (IAPT), medication, GP support.
2. The treatment group will receive mental health treatment as usual as well as Individual Placement and Support (IPS) which is an integrated employment support service.

Intervention Type
Other

Primary outcome(s)
The primary outcome measure will involve whether the individuals are off unemployment benefits at 3 and 6 months after entering the intervention. This will be collected via Department for Work and Pensions administrative data.

Key secondary outcome(s))
Secondary outcome measures will include sub sample analysis (e.g. those who are long-term unemployed, those with higher levels of mental health difficulties, gender effects). In addition, for a sub sample of participants we will use mental health as an outcome measure (using PHQ9 and GAD7). We will also include administrative data from HSCIC to measure proxy health outcomes (e.g. hospital admissions, prescriptions). For data collected administratively (i.e. demographics data and HSCIC data), these will be collected 3 and 6 months after entry into the trial.

Completion date
01/12/2018

Eligibility

Key inclusion criteria
1. Participants will be required to be in receipt of unemployment benefits.
2. Participants will be required to score within the mild to severe categorisation of the Patient Health Questionnaire 9 and the Generalized Anxiety Disorder 7.

Participant type(s)
Other

Healthy volunteers allowed
No

Age group
Adult

Sex
All

Key exclusion criteria
There are no exclusion criteria.

Date of first enrolment
31/07/2016

Date of final enrolment
01/12/2017

Locations

Countries of recruitment
United Kingdom

Study participating centre
Blackpool Council
FY1 3PS

Study participating centre
West London Alliance
W5 2HL

Study participating centre
Northumberland County Council
NE61 2EF

Sponsor information

Organisation
HM Cabinet Office

ROR
https://ror.org/01w88hp45

Funder(s)

Funder type
Government

Funder Name
Cabinet Office

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not expected to be made available

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
HRA research summary			28/06/2023	No	No