

# A randomised double-blind placebo-controlled trial of Sub-Pectoral catheter bupivacaine Infusion for post-mastectomy pain

<b>Submission date</b> 01/11/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 03/04/2008	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 18/11/2013	<b>Condition category</b> Signs and Symptoms	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

### Protocol serial number

N/A

## Study information

### Scientific Title

### Acronym

## **Study objectives**

The primary common complications of mastectomy with axillary node clearance are post-operative pain and slow recovery of shoulder function.

Historically, mastectomy patients are managed on the wards with systemic opiates, either by intramuscular injection or using a Patient Controlled Analgesia (PCA) device. Problems commonly associated with this technique are inadequate pain control, post-operative nausea and vomiting, poor recovery of shoulder function and chronic pain.

We ask the question: can post-operative analgesia be improved in this patient group by the use of local anaesthetic infusion via a sub pectoral catheter?

This prospective, randomised double blind placebo-controlled study of patients undergoing mastectomy plus axillary sampling or clearance for breast cancer aims to investigate whether this technique confers any advantages over current practice.

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

Ethics approval will be submitted from the Cornwall NHS Hospitals Local Research and Ethics Committee. Pending as of 06/11/2007.

## **Study design**

A prospective, single-centre, double blind randomised placebo-controlled study

## **Primary study design**

Interventional

## **Study type(s)**

Treatment

## **Health condition(s) or problem(s) studied**

Post-mastectomy pain

## **Interventions**

Local anaesthetic bupivacaine infusion (initial bolus of 20 ml of 0.5% sterile bupivacaine) via a sub-pectoral catheter inserted intra-operatively versus saline control (initial bolus of 20 ml sterile saline 0.9%).

Thereafter continuous drug infusion will be 270 ml of either 0.25% bupivacaine or of 0.9% saline via an elastomeric infusion device delivering 5 ml/hr over 48 hours.

All study arms have same duration. Initial phase of study is for the first 10 days following surgery, the second phase is the follow-up at 6 and 12 months. Total duration will therefore be 12 months.

## **Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Bupivacaine

**Primary outcome(s)**

Post-operative analgesia as assessed by:

1. Total morphine requirements at 24 and 48 hours
2. Pain scores at rest on first waking using a Verbal Rating Scale
3. Pain scores at rest and on movement using a Visual Analogue Scale at 24 and 48 hours
4. Time from end of surgery to first analgesia
5. Subsequent oral analgesia (oromorph) requirements

**Key secondary outcome(s)**

1. Pain scores at rest and on movement using a Visual Analogue Scale at 10 days, 6 months and 1 year
2. Shoulder function assessment using Oxford Shoulder Score and Shoulder Goniometry at 24 hours, 48 hours, 10 days and 6 months
3. Incidence and severity of nausea and vomiting
4. Requirement for post-operative anti-emetic
5. Surgical complications, e.g., seroma/infection
6. Patient satisfaction at 10 days
7. Analgesia requirements at 6 months
8. Requirement for re-operation due to complication
9. Duration of post-operative hospital stay

**Completion date**

01/06/2009

## **Eligibility**

**Key inclusion criteria**

Female patients over the age of 18 who are scheduled for elective single side mastectomy with axillary surgery at Royal Cornwall Hospital Trust will be recruited.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

Female

## **Key exclusion criteria**

1. Concurrent enrolment in any other study/trial
2. Pregnancy
3. Bilateral surgery
4. Primary reconstructive surgery
5. Known allergy or sensitivity to local anaesthetic agents, morphine, paracetamol or ondansetron
6. Chronic opioid or non-opioid analgesic use
7. Inability to give informed consent
8. Inability to understand or use a patient-controlled analgesia (PCA) device
9. Inability to understand or complete the visual analogue assessment tools

## **Date of first enrolment**

01/01/2008

## **Date of final enrolment**

01/06/2009

## **Locations**

### **Countries of recruitment**

United Kingdom

England

### **Study participating centre**

**Royal Cornwall Hospital Trust**

Truro, Cornwall

United Kingdom

TR1 3LJ

## **Sponsor information**

### **Organisation**

Royal Cornwall Hospital Trust (UK)

### **ROR**

<https://ror.org/026xdcm93>

## **Funder(s)**

### **Funder type**

Government

**Funder Name**

Royal Cornwall Hospital Trust (UK) - NHS clinical trial using existing resources

## Results and Publications

**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes