Applicability of an educational-behavioural joint protection programme in practice

Submission date	Recruitment status No longer recruiting	Prospectively registered		
15/07/2002		☐ Protocol		
Registration date 15/07/2002	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited 04/10/2007	Condition category Musculoskeletal Diseases	[] Individual participant data		

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Alison Hammond

Contact details

Rheumatology
Derbyshire Royal Infirmary
London Road
Derby
United Kingdom
DE1 2QY
+44 (0)1332 347141
alison.hammond@sdah-tr.trent.nhs.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

H0606

Study information

Scientific Title

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Quality of life

Participant information sheet

Health condition(s) or problem(s) studied

Rheumatoid arthritis (RA)

Interventions

- 1. Joint protection educational-behavioural programme: four x 2 hour weekly meetings. Specific training on joint protection (approx 5 h practical). Supported by information pack and patient workbook, goal setting, home programme
- 2. Waiting list control (no intervention)

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Not provided at time of registration

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/01/1998

Completion date

01/01/2000

Eligibility

Key inclusion criteria

- 1. Diagnosed with Rheumatoid Arthritis (RA) by a Consultant Rheumatologist
- 2. Wrist and or metacarpophalangeal joint disease currently or recently (within previous 6 months) affecting hand function
- 3. Currently experiencing hand pain on activity

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

Not provided at time of registration

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/1998

Date of final enrolment

01/01/2000

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

Rheumatology

Derby United Kingdom DE1 2QY

Sponsor information

Organisation

Arthritis Research Campaign (ARC) (UK)

Sponsor details

Copeman House St Mary's Court St Mary's Gate Chesterfield Derbyshire United Kingdom S41 7TD

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info@arc.org.uk

Sponsor type

Charity

Website

http://www.arc.org.uk

ROR

https://ror.org/02jkpm469

Funder(s)

Funder type

Charity

Funder Name

Arthritis Research Campaign (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/09/2001		Yes	No