

A health promotion intervention to promote healthy living in patients aged 65 and over on discharge from hospital

Submission date 30/09/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
Registration date 30/09/2004	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
Last Edited 22/09/2009	Condition category Other	<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0283122689

Study information

Scientific Title

Study objectives

To design an effective health promotion intervention for people aged 65 and over, which can be easily used by health care professionals as a tool to initiate health promotion advice and encourage health behaviour changes. The focus for behaviour change in this study was increasing healthy eating and activity levels in the intervention group.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Other

Participant information sheet

Health condition(s) or problem(s) studied

Healthy living promotion

Interventions

Randomised controlled trial:

1. Health promotion intervention in leaflet form
2. Patient satisfaction questionnaire

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Self-reported behaviour and cognition changes on healthy eating and levels of activity.

Secondary outcome measures

1. Health survey (SF-12)
2. General Health Questionnaire (GHQ-12)
3. Quality of life (EuroQol)

Overall study start date

01/01/2003

Completion date

31/01/2004

Eligibility

Key inclusion criteria

Patients aged 65 and over

Participant type(s)

Patient

Age group

Senior

Sex

Both

Target number of participants

334 (final recruitment: 252)

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/01/2003

Date of final enrolment

31/01/2004

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

Worthing & Southlands Hospitals NHS Trust
Worthing
United Kingdom
BN11 2DH

Sponsor information

Organisation

Department of Health

Sponsor details

Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL

Sponsor type

Government

Website

<http://www.dh.gov.uk/Home/fs/en>

Funder(s)

Funder type

Government

Funder Name

Sussex NHS Research Consortium (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2004		Yes	No