# Study into achievement of isonatric haemodialysis by individual tailoring of dialysate sodium according to ionic mass balance derived from online conductance monitoring

| <b>Submission date</b> 30/09/2005   | <b>Recruitment status</b><br>No longer recruiting            | <ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>                    |
|-------------------------------------|--|---|
| <b>Registration date</b> 30/09/2005 | <b>Overall study status</b><br>Completed                     | <ul> <li>Statistical analysis plan</li> <li>Results</li> </ul>                    |
| Last Edited<br>16/04/2015           | <b>Condition category</b><br>Urological and Genital Diseases | <ul><li>Individual participant data</li><li>Record updated in last year</li></ul> |

### Plain English summary of protocol

Not provided at time of registration

## **Contact information**

**Type(s)** Scientific

**Contact name** Dr Chris W McIntyre

### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

#### ClinicalTrials.gov number

Secondary identifying numbers

N0077114320

### Study information

#### Scientific Title

Study into achievement of isonatric haemodialysis by individual tailoring of dialysate sodium according to ionic mass balance derived from online conductance monitoring

#### **Study objectives**

Whether or not individualising dialysate sodium has beneficial effects on haemodialysis patients interdialytic weight gains, blood pressure and thirst when compared to standard dialysate sodium.

**Ethics approval required** Old ethics approval format

**Ethics approval(s)** Not provided at time of registration

**Study design** Randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Hospital

**Study type(s)** Treatment

Participant information sheet

### Health condition(s) or problem(s) studied

Urological and Genital Diseases: Renal dialysis

#### Interventions

The two groups will both undergo a 1-week period of initial data collection while being maintained on routine dialysis. Dialysis will be performed using a default dialysate sodium of 140 mmol/l.

The first group will then continue to dialyse against a standard dialysate sodium concentration of 140 mmol/l, while the second group undergoes a period of 1 month of sequential reduction of dialysate sodium according to online conductivity monitoring, aiming for isonatric dialysis (i.e. Ionic mass balance of 0-100 mmol of sodium). This will then be maintained for a period of one

month.

After that time, there will be a crossover period of adjustment, during which the first group will have their dialysate sodium tailored to their requirements, and the second group will revert in a gradual manner to a dialysate sodium of 140 mmol/l.

Again the two groups will be maintained for a further month, before both groups revert to a standard dialysate sodium at the end of the study.

#### Intervention Type

Other

**Phase** Not Specified

#### Primary outcome measure

Neutral sodium balance as assessed by ionic mass balance reduction in interdialytic weight gain.

#### Secondary outcome measures

Pre and post dialysis blood pressure, number of anti-hypertensive agents stability on dialysis, thirst score.

Overall study start date 23/09/2002

Completion date 23/03/2004

## Eligibility

**Key inclusion criteria** Patients on routine haemodialysis

Participant type(s) Patient

Age group Not Specified

**Sex** Not Specified

**Target number of participants** We plan to enrol 60 - 100 patients currently established on haemodialysis.

**Key exclusion criteria** No documented exclusion criteria. Protocol specifies ALL patients on established haemodialysis.

Date of first enrolment 23/09/2002

Date of final enrolment

23/03/2004

### Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre Derby Hospitals NHS Foundation Trust** Derby United Kingdom DE22 3NE

### Sponsor information

**Organisation** Department of Health

#### Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

**Sponsor type** Government

Website http://www.dh.gov.uk/Home/fs/en

### Funder(s)

**Funder type** Government

### **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration