

# A randomised controlled trial of occupational therapy in oncology: a pilot study

<b>Submission date</b> 12/09/2003	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 12/09/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 24/05/2012	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr AER Drummond

**Contact details**  
Ageing and Disability Research Unit  
B Floor  
Medical School  
Queen's Medical Centre  
Nottingham  
United Kingdom  
NG7 2UH  
+44 0115 924 9924 (44050)  
Avril.Drummond@nottingham.ac.uk

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N0192119065

# Study information

## Scientific Title

## Study objectives

To identify whether occupational therapy intervention improves the mood, fatigue management and activities of daily living (ADL) performance of outpatient oncology patients.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Not Specified

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Cancer: All

## Interventions

Intervention arms: Patients will receive a minimum of five sessions.

Session 1 - initial interview, general assessment and baseline assessments.

Session 2 - fatigue management/energy conservation session and equipment provision.

Session 3 - anxiety management/relaxation session.

Session 4 -fatigue/anxiety management session - check understanding and use of principals.

Session 5 - review progress.

Further sessions will be conducted if considered appropriate, up to a maximum of seven.

## Intervention Type

Other

## Phase

Not Specified

**Primary outcome measure**

We aim to follow up two groups of patients at 6 and 12 weeks after randomisation and compare outcome.

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

17/09/2002

**Completion date**

09/05/2003

## Eligibility

**Key inclusion criteria**

All patients will be seen on their second or third clinic appointment.

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

Total number of subjects = 52

**Key exclusion criteria**

Living outside the hospital catchment area or refusal to consent.

**Date of first enrolment**

17/09/2002

**Date of final enrolment**

09/05/2003

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**Ageing and Disability Research Unit**  
Nottingham  
United Kingdom  
NG7 2UH

## **Sponsor information**

**Organisation**  
Department of Health (UK)

**Sponsor details**  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

**Sponsor type**  
Government

**Website**  
<http://www.doh.gov.uk>

## **Funder(s)**

**Funder type**  
Government

**Funder Name**  
Queen's Medical Centre University Hospital NHS Trust - UK (NHS R&D Support Funding)

## **Results and Publications**

**Publication and dissemination plan**  
Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/03/2006		Yes	No