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A randomised controlled trial of occupational therapy in oncology: a pilot study

Submission date	Recruitment status	[_] Prospectively registered
12/09/2003	No longer recruiting	[_] Protocol
Registration date	**Overall study status**	[_] Statistical analysis plan
12/09/2003	Completed	[X] Results
Last Edited	**Condition category**	[_] Individual participant data
24/05/2012	Cancer	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N0192119065

Study information

Scientific Title

Study objectives
To identify whether occupational therapy intervention improves the mood, fatigue management and activities of daily living (ADL) performance of outpatient oncology patients.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Study type(s)
Not Specified

Health condition(s) or problem(s) studied
Cancer: All

Interventions
Intervention arms: Patients will receive a minimum of five sessions.
Session 1 - initial interview, general assessment and baseline assessments.
Session 2 - fatigue management/energy conservation session and equipment provision.
Session 3 - anxiety management/relaxation session.
Session 4 -fatigue/anxiety management session - check understanding and use of principals.
Session 5 - review progress.
Further sessions will be conducted if considered appropriate, up to a maximum of seven.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
We aim to follow up two groups of patients at 6 and 12 weeks after randomisation and compare outcome.

Key secondary outcome(s))
Not provided at time of registration

Completion date
09/05/2003

Eligibility

Key inclusion criteria

All patients will be seen on their second or third clinic appointment.

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Not Specified

Sex
Not Specified

Key exclusion criteria
Living outside the hospital catchment area or refusal to consent.

Date of first enrolment
17/09/2002

Date of final enrolment
09/05/2003

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Ageing and Disability Research Unit
Nottingham
United Kingdom
NG7 2UH

Sponsor information

Organisation
Department of Health (UK)

Funder(s)

Funder type
Government

Funder Name
Queen's Medical Centre University Hospital NHS Trust - UK (NHS R&D Support Funding)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2006		Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes