

Cluster randomised, controlled trial of pro-actively identifying smokers and offering evidence based support to stop smoking

Submission date 15/08/2005	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
Registration date 07/09/2005	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
Last Edited 06/10/2009	Condition category Other	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Sarah Lewis

Contact details
Division of Respiratory Medicine
Clinical Sciences Building
City Hospital
Nottingham
United Kingdom
NG5 1PB
+44 (0)115 8404761
sarah.lewis@nottingham.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Study information

Scientific Title

Study objectives

That systematically identifying smokers who want to quit smoking using general practice registers and questionnaires, and pro-actively referring them to use a range of evidence-based smoking cessation interventions will be effective and cost effective in encouraging more widespread smoking cessation.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Cluster randomised controlled parallel group trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Smoking

Interventions

Participants in intervention practices will be asked whether they would like help or advice to stop smoking. A research nurse trained in smoking cessation methods will telephone these individuals, provide brief advice on smoking cessation according to evidence-based guidelines and encourage smokers to contact and use the local smoking cessation service, New Leaf.

Participants in control practices receive no intervention.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Point abstinence (for ≥ 7 days) at 6 months

Secondary outcome measures

Access and uptake of smoking cessation services by 6 months.

Number of quit attempts lasting more than 24 hours over 6 months.

Cost effectiveness of this intervention.

Overall study start date

01/01/2005

Completion date

31/01/2007

Eligibility**Key inclusion criteria**

Patients within the practice aged 18 or over who are current smokers

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex

Both

Target number of participants

24 practices, 12 intervention and 12 control

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/01/2005

Date of final enrolment

31/01/2007

Locations**Countries of recruitment**

England

United Kingdom

Study participating centre
Division of Respiratory Medicine
Nottingham
United Kingdom
NG5 1PB

Sponsor information

Organisation
University of Nottingham (UK)

Sponsor details
Head of Research, Grants and Contracts
Research Innovation Services
University of Nottingham
University Park
Nottingham
England
United Kingdom
NG7 2RP

Sponsor type
University/education

ROR
<https://ror.org/01ee9ar58>

Funder(s)

Funder type
Charity

Funder Name
British Heart Foundation (UK) (ref: PG/04/073)

Alternative Name(s)
the_bhf, The British Heart Foundation, BHF

Funding Body Type

Private sector organisation

Funding Body Subtype

Trusts, charities, foundations (both public and private)

Location

United Kingdom

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2008		Yes	No