Development, implementation and evaluation of an integrated follow-up programme for people with cutaneous malignant melanoma

Submission date	Recruitment status	Prospectively registered
25/08/2005	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
19/10/2005	Completed	[X] Results
Last Edited	Condition category	[] Individual participant data
10/09/2012	Cancer	

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Peter Murchie

Contact details

University of Aberdeen
Department of General Practice and Primary Care
Foresterhill Health Centre
Westburn Road
Aberdeen
United Kingdom
AB25 2AY

Additional identifiers

Protocol serial number C10673/A3912

Study information

Scientific Title

Study objectives

Programmes of integrated follow-up co-ordinate activities and resources between primary and secondary care to ensure effective on-going care for patients with specific conditions. This proposal is to develop, implement and evaluate a primary care based integrated follow-up programme for people with cutaneous malignant melanoma. A rigorously evaluated programme for cutaneous malignant melanoma could provide a model for low-tech, efficient, effective and sustainable follow-up programme. Malignant melanoma and primary care have been chosen for the model for several reasons. Melanoma affects both sexes with a disproportionate impact on young people. Most individuals survive for prolonged periods but can experience a recurrence at any time making careful follow-up important. Follow-up consists mainly of clinical examination in contrast to other cancers that need invasive follow-up procedures. Most general practices will have small numbers of patients with melanoma. While this is likely to facilitate primary care based follow-up because of comparatively light workload and resource requirements, it creates challenges in terms of gaining and maintaining expertise.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Cutaneous Malignant Melanoma

Interventions

Integrated primary care based follow-up programme for cutaneous malignant melanoma. Intervention comprises general practitioner training, central appointments database, patient education programme, protocol driven reviews in primary care, rapid access pathway to secondary care.

The control group continue to attend follow-up at the Joint Melanoma Clinic, Aberdeen Royal Infirmary. This would be termed 'usual care' as it is the current standard treatment for people treated for melanoma.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Patient satisfaction and adherence to guidelines

Key secondary outcome(s))

- 1. Psychological and physical well-being
- 2. Costs to patients and health services
- 3. Processes of care

Completion date

30/09/2006

Eligibility

Key inclusion criteria

People previously treated for cutaneous malignant melanoma.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

- 1. Non cutaneous melanoma
- 2. Active recurrence or a recurrence within the last 12 months
- 3. Terminally ill
- 4. Mentally ill
- 5. If their general practitioner believes them to be otherwise unsuitable for participation in the study

Date of first enrolment

01/04/2005

Date of final enrolment

30/09/2006

Locations

Countries of recruitment

United Kingdom

Scotland

Study participating centre

University of Aberdeen

Aberdeen United Kingdom AB25 2AY

Sponsor information

Organisation

University of Aberdeen (UK)

ROR

https://ror.org/016476m91

Funder(s)

Funder type

Charity

Funder Name

Cancer Research UK (CRUK) (UK) (ref: C10673/A3912)

Alternative Name(s)

CR_UK, Cancer Research UK - London, Cancer Research UK (CRUK), CRUK

Funding Body Type

Private sector organisation

Funding Body Subtype

Other non-profit organizations

Location

United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

patient satisfaction results

11/05/2010

Yes

Results article

No