

# Enema versus high doses of PEG 3350 in the treatment of rectal faecal impaction

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<b>Registration date</b> 08/03/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 16/04/2009	<b>Condition category</b> Digestive System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
NTR602

## Study information

**Scientific Title**

## **Acronym**

The Leopard study

## **Study objectives**

1. High dose of PEG is more effective and more tolerable in the treatment of faecal impaction compared to rectal enemas
2. Faecal impaction results in a delayed colonic transit time, which will improve during successful disimpaction

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

Received from the local ethics committee

## **Study design**

Prospective randomised controlled study with a non-inferiority design

## **Primary study design**

Interventional

## **Study type(s)**

Treatment

## **Health condition(s) or problem(s) studied**

Constipation

## **Interventions**

At intake a standardised questionnaire is obtained by a physician from the parents and patient. Physical examination, including abdominal and rectal examination is acquired by the physician to define the presence of faecal impaction. Faecal impaction is defined as a large faecal mass of hard stools in the rectum.

After intake, on 6 consecutive days, all patients will ingest one capsule with 10 radio-opaque markers to assess the colonic transit time. During these days, no laxative medication will be given and a diary is filled out by child and parents. On day 7 an abdominal radiograph is obtained.

Subsequently on day 8 the disimpaction therapy will be started with either 6 days of enemas or 6 days of PEG, according to randomisation. A diary is filled out by the child and the parents. This diary concerns topics on defecation pattern, faecal incontinence, abdominal pain and possible side effects of administered medications. During this study period the colonic transit time will be measured again, according to the above described method.

On day 14, a second abdominal radiograph is obtained to measure colonic transit time. The presence or absence of faecal impaction is assessed by abdominal and rectal examination as well as by the second abdominal X-ray.

Thereafter, all patients receive laxative medication (enemas or PEG 3350) according to their defaecation pattern and symptoms. A second follow-up visit will be scheduled on day 28 and diaries will be reviewed regarding symptoms and possible adverse effects.

**Intervention Type**

Drug

**Phase**

Not Applicable

**Drug/device/biological/vaccine name(s)**

PEG 3350

**Primary outcome(s)**

Rectal faecal impaction evaluated by rectal examination/abdominal x-ray.

**Key secondary outcome(s)**

1. Defaecation frequency/week
2. Faecal incontinence frequency/week
3. The number of side effects, such as abdominal pain, bloating, flatulence, nausea, bad taste
4. Total and segmental colonic transit time

**Completion date**

01/08/2007

**Eligibility****Key inclusion criteria**

1. Aged 4 - 18 years
2. Faecal impaction upon rectal exam

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Child

**Lower age limit**

4 years

**Upper age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Previous colonic surgery
2. Organic cause of constipation
3. Allergy/sensitivity to PEG solutions or phosphates
4. Allergy/sensitivity to sodium ducosate or sorbitol ('Klyx' enema)

**Date of first enrolment**

01/01/2006

**Date of final enrolment**

01/08/2007

## Locations

**Countries of recruitment**

Netherlands

**Study participating centre**

**Academic Medical Centre (AMC)**

Amsterdam

Netherlands

1100 DD

## Sponsor information

**Organisation**

Academic Medical Centre (AMC) (Netherlands)

**ROR**

<https://ror.org/03t4gr691>

## Funder(s)

**Funder type**

Hospital/treatment centre

**Funder Name**

Academic Medical Centre (AMC) (Netherlands) - Department of Pediatrics

## Results and Publications

**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration