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# A double-blind, placebo-controlled, pilot study to assess the safety and preliminary efficacy of PSD506 in treatment-naïve or previously treated (washed out) patients with benign prostatic obstruction and lower urinary tract symptoms

Submission date 15/02/2007	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
<b>Registration date</b> 20/04/2007	<b>Overall study status</b> Completed	<ul> <li>Statistical analysis plan</li> <li>Results</li> </ul>
Last Edited 21/11/2019	<b>Condition category</b> Urological and Genital Diseases	<ul> <li>Individual participant data</li> <li>Record updated in last year</li> </ul>

## Plain English summary of protocol

Not provided at time of registration

## **Contact information**

**Type(s)** Scientific

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# Additional identifiers

EudraCT/CTIS number

#### **IRAS number**

ClinicalTrials.gov number

Secondary identifying numbers PSD506-OAB-004

# Study information

#### Scientific Title

A double-blind, placebo-controlled, pilot study to assess the safety and preliminary efficacy of PSD506 in treatment-naïve or previously treated (washed out) patients with benign prostatic obstruction and lower urinary tract symptoms

#### **Study objectives**

Symptoms of lower urinary tract dysfunction are associated with Bladder Outlet Obstruction (BOO) as a result of Benign Prostatic Enlargement (BPE). The symptoms experienced may be characteristic of OverActive Bladder (OAB) or secondary to Detrusor Overactivity (DO). OAB symptoms may be exacerbated by BOO that results from BPE. Treating the bothersome symptoms of OAB is therefore an important goal for the management of comorbid symptomatic DO and BOO. PSD506 is a novel antimuscarinic agent that is being studied for the treatment of OAB. This study aims to assess the safety of PSD506 in men with Lower Urinary Tract Symptoms (LUTS) and BPE/BOO and an International Prostatic Symptom Score (IPSS) of 8 -19, in line with American Urological Association recommendations.

#### **Ethics approval required**

Old ethics approval format

#### Ethics approval(s)

Northern and Yorkshire Multi-centre REC, 13/07/2006, ref: 06/MRE03/32

#### Study design

Multicentre multinational randomised double-blind placebo-controlled parallel-group study

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Other

**Study type(s)** Treatment

Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

#### Health condition(s) or problem(s) studied

Men with LUTS and BPE/BOO

#### Interventions

PSD506 20 mg or matching placebo once daily for 4 weeks, with a two- to four-week run-in period, if required.

#### Intervention Type

Drug

**Phase** Not Applicable

Drug/device/biological/vaccine name(s) PSD506

#### Primary outcome measure

To demonstrate the similarity in safety profiles between PSD506 and placebo as assessed by a urodynamic measure of bladder outlet obstruction (BOO).

#### Secondary outcome measures

1. To measure the change in Post Void Residual volumes (PVR) and other urodynamic parameters 2. To obtain a preliminary assessment of efficacy by measuring the change in International Prostatic Symptom Score (IPSS) from baseline

3. To demonstrate the overall safety of PSD506 in this subject population

#### Overall study start date

01/07/2006

#### **Completion date**

31/03/2007

# Eligibility

#### Key inclusion criteria

- 1. Males aged 18 years and above
- 2. Symptoms of LUTS for ≥6 months prior to baseline
- 3. IPSS score of 8 19 at baseline
- 4. Maximum urine flow ≥5 ml/sec and ≤12 ml/sec on a minimum of 125 ml voided volume
- 5. Post-void residual volume <150 mL
- 6. Written informed consent

7. If male subject and partner are of childbearing potential, agree to use a secure form of contraception (e.g. oral or injectable contraceptive, condom)

#### Participant type(s)

Patient

## Age group

Adult

#### Lower age limit

18 Years

#### Sex

Male

## Target number of participants

Approximately 88 to ensure a total of 80 subjects

## Key exclusion criteria

- 1. Uncontrolled hypertension >160/95 mmHg (after sitting for 5 minutes)
- 2. Concomitant or recent medication for BPE: 5a-reductase inhibitors within 6 months prior to baseline or alpha-adrenergic receptor blockers within 3 months prior to baseline
- 3. Use of anticholinergics in the two weeks prior to baseline (four weeks for solifenacen)
- 4. Previous surgery for BOO
- 5. Acute urinary retention in the 12 months prior to baseline
- 6. Urinary tract infection within 6 weeks prior to baseline
- 7. History of significant hypotensive episodes or symptoms of fainting, dizziness or lightheadedness
- 8. Unstable cardiovascular disease, particularly coronary artery disease, arrhythmias, atrial tachycardia, or congestive heart failure
- 9. Clinically significant central nervous system disease including: Parkinsons disease, multiple sclerosis, transient ischemic attack, stroke, seizure disorder, depression, or behavioural disturbances
- 10. History of peripheral vascular or cerebrovascular disease
- 11. History of narrow angle glaucoma or increased ocular pressure
- 12. Clinically significant gastrointestinal disorder (e.g., gastroparesis, constipation, diarrhoea, colitis, gastrointestinal tract obstruction, hiatal hernia with reflux oesophagitis, cholestasis).
- 13. History of clinically significant liver disease, e.g., hepatitis B
- 14. Prohibited medications taken within two weeks prior to baseline
- 15. Concomitant use of any agent that has a significant interaction with CYP3A4 or P glycoprotein (Pgp)
- 16. Clinically significant abnormalities in laboratory test results (including hepatic and renal panels, complete blood count [CBC], chemistry panel)
- Participation in an investigational drug or device study within 30 days prior to screening
   Concomitant urological disorders: bladder neck stenosis, urethral stricture, bladder stones,
   bladder diverticulum, recurrent urinary tract infections, neurogenic bladder
- 19. Diagnosed or suspected prostate cancer
- 20. Known hypersensitivity to anti-cholinergic agents
- 21. Unwillingness or inability to comply with the study protocol for any other reason
- 22. Concomitant disease or condition that could interfere with, or for which the treatment might interfere with, the conduct of the study; or that would, in the opinion of the investigator, pose an unacceptable risk to the subject in this study. This would include, but is not limited to, cancer, alcoholism, drug dependency or abuse, or psychiatric disease

23. Any clinically significant abnormality on 12-lead ECG

## Date of first enrolment

01/07/2006

Date of final enrolment 31/03/2007

## Locations

**Countries of recruitment** England

Germany

Ireland

United Kingdom

**Study participating centre Plethora Solutions** London United Kingdom WC2B 5NH

## Sponsor information

Organisation

Plethora Solutions Limited (UK)

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**Sponsor type** Industry

Website http://www.plethorasolutions.co.uk/index.php

#### ROR

https://ror.org/02y9vw172

# Funder(s)

Funder type Industry

**Funder Name** Plethora Solutions Limited (UK)

## **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration