Does the Buteyko Institute method have an impact on current asthma management

Submission date	Recruitment status	Prospectively registered
05/01/2004	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
19/04/2004	Completed	Results
Last Edited	Condition category	Individual participant data
12/10/2016	Respiratory	Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Ms Jill McGowan

Contact details

103/95 Morrison Street Glasgow United Kingdom G5 8BE

Additional identifiers

Protocol serial number

S92

Study information

Scientific Title

Does the Buteyko Institute method have an impact on current asthma management

Acronym

BIBH and BAR

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Asthma

Interventions

- 1. Buteyko (Active) taught breathing exercise
- 2. Practice nurse
- 3. Control

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s))

Not provided at time of registration

Completion date

31/05/2001

Eligibility

Key inclusion criteria

600 (three groups) with asthma.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/04/2000

Date of final enrolment

31/05/2001

Locations

Countries of recruitment

United Kingdom

Scotland

Study participating centre 103/95 Morrison Street

Glasgow United Kingdom G5 8BE

Sponsor information

Organisation

The Buteyko Institute (UK)

Funder(s)

Funder type

Other

Funder Name

Privately funded by researcher, and part of a doctorate study programme.

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet
Participant information sheet
11/11/2025 No Yes