# Is it feasible, acceptable and motivating to show patients attending a lipid clinical ultrasound images of atheromatous plaque in their carotid arteries?

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
12/09/2003		Protocol		
Registration date 12/09/2003	Overall study status Completed	Statistical analysis plan		
		[X] Results		
<b>Last Edited</b> 26/06/2008	Condition category Circulatory System	[] Individual participant data		

#### Plain English summary of protocol

Not provided at time of registration

# Contact information

### Type(s)

Scientific

#### Contact name

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

#### Secondary identifying numbers

N0051117057

# Study information

#### Scientific Title

#### **Study objectives**

- 1. That using portable ultrasound to identify carotid atheroma in patients attending a hospital lipid clinic is feasible and acceptable to patients
- 2. That images of carotid atheroma motivate patients to engage in behaviours to reduce the risk of cardiovascular disease

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

**Not Specified** 

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Cardiovascular: Carotid atheroma

#### **Interventions**

A between subjects design in which 200 patients will be randomly allocated to one of two groups: (1) scanned (2) not scanned. Assuming that ultrasound will detect plaque in 50% of patients, this sample gives sufficient power to detect a medium effect size. Between group comparisons will be of cognitions known to precede behaviour change (ie prescriptions of severity of cardiovascular disease, risk and response efficacy (ie giving up smoking will reduce risk), understanding of the results of the scan, acceptability of the scan and fear. Prevalence of carotid atheroma and recruitment rates will be recorded.

#### Intervention Type

#### Other

#### **Phase**

**Not Specified** 

#### Primary outcome measure

If successful the results in this study will be used to develop a randomised controlled trial of the impact of imaging carotid atheroma to motivate cardiovascular risk reducing behaviour change.

#### Secondary outcome measures

Not provided at time of registration

#### Overall study start date

01/09/2002

#### Completion date

01/09/2003

# Eligibility

#### Key inclusion criteria

200 patients attending a routine lipid clinic.

#### Participant type(s)

**Patient** 

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Target number of participants

200

#### Key exclusion criteria

Not provided at time of registration

#### Date of first enrolment

01/09/2002

#### Date of final enrolment

01/09/2003

# Locations

#### Countries of recruitment

England

**United Kingdom** 

# Study participating centre Brighton & Sussex University Hospitals NHS Trust (RSCH) Brighton United Kingdom BN2 5BE

# Sponsor information

#### Organisation

Department of Health (UK)

#### Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL

#### Sponsor type

Government

#### Website

http://www.doh.gov.uk

# Funder(s)

#### Funder type

Government

#### **Funder Name**

Brighton and Sussex University Hospitals NHS Trust (UK)

# **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

# Intention to publish date

# Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Abstract results		01/04/2004		No	No