Randomised Asphyxia Study (RAST) - pilot phase. A multi-centre controlled study of magnesium infusion following severe birth asphyxia

Submission date	Recruitment status	Prospectively registered
23/01/2004	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
23/01/2004	Completed	Results
Last Edited	Condition category	Individual participant data
24/10/2019	Neonatal Diseases	[] Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

G9436455

Study information

Scientific Title

Randomised Asphyxia Study (RAST) - pilot phase. A multi-centre controlled study of magnesium infusion following severe birth asphyxia

Acronym

RAST

Study objectives

Birth asphyxia remains one of the most important causes of potentially avoidable death and disability in normally formed fullterm babies in Britain. One of the most important causes of neuronal compromise following hypoxic-ischaemic insult is excessive calcium entry through the specific glutamate ligand port referred to as the N-methyl-D-aspartate (NMDA) channel. Magnesium ions block depolarization of the NMDA channel and MgSO4 has been widely used in pregnancy to prevent premature labour and to treat severe pregnancy induced hypertension. In these dosage regimens it appears to be safe to the neonate.

This pilot study proposes to evaluate the feasibility of using MgSO4 as a potential rescue therapy given shortly after resuscitation in infants who are severely depressed 10 minutes after birth. The pilot study will address:

- 1. The earliest postnatal age at which MgSO4 can be given with informed parental consent
- 2. Safety and pharmacokinetics of MgSO4 (250 mg/kg)
- 3. Feasibility of recruiting sufficient babies to have suitable statistical power to show an effect
- 4. Appropriate end point measures

The proposed pilot study will last 18 months and we aim to enroll at least 75 babies.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Multi-centre controlled study

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

Health condition(s) or problem(s) studied

Neonatal diseases: Neonatal diseases; Respiratory tract diseases: Other respiratory tract disease

Interventions

Not provided at time of registration

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Not provided at time of registration

Secondary outcome measures

Not provided at time of registration

Overall study start date

09/01/1995

Completion date

31/03/1997

Eligibility

Key inclusion criteria

Not provided at time of registration

Participant type(s)

Patient

Age group

Neonate

Sex

Both

Target number of participants

75 babies

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

09/01/1995

Date of final enrolment

31/03/1997

Locations

Countries of recruitment

England

United Kingdom

Study participating centre Leeds General Infirmary

Leeds United Kingdom LS2 9NS

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

http://www.doh.gov.uk

Funder(s)

Funder type

Government

Funder Name

NHS Executive Northern and Yorkshire (UK)

Results and Publications

Publication and dissemination planNot provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summaryNot provided at time of registration