

# Percutaneous sympathetic blockade in complex regional pain syndrome type 1: a prospective clinical investigation on predictors of sympathetically maintained pain

<b>Submission date</b> 07/06/2006	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 07/06/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 02/05/2019	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

BSIK03016

# Study information

## Scientific Title

Percutaneous sympathetic blockade in complex regional pain syndrome type 1: a prospective clinical investigation on predictors of sympathetically maintained pain

## Acronym

SYMBLOC

## Study objectives

The cold phenotype of CRPS1 is associated with a better response to percutaneous sympathetic blockade as opposed to the warm type of CRPS1.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Non-randomized controlled trial

## Primary study design

Interventional

## Secondary study design

Non randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Complex regional pain syndrome type 1 (CRPS I) (Causalgia)

## Interventions

Upper extremity CRPS-1: percutaneous blockade of stellate ganglion at C7 with one single injection of bupivacaine 0.25%.

Lower extremity CRPS-1: percutaneous blockade of lumbar sympathetic chain at L3 with a single injection of bupivacaine 0.25%.

## Intervention Type

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Bupivacaine

**Primary outcome measure**

Pain relief in the first week after blockade as measured three times daily in a pain diary where, 0 = no pain and 10 = worst imaginable pain

**Secondary outcome measures**

The following predictors of pain relief after sympathetic blockade will be measured:

1. Pain intensity on an NRS scale of 0 to 10
2. Subjective and objective skin temperature
3. Hyper- and hypo-esthesia
4. Allodynia
5. Hyper- and hypo-algesia
6. The presence of dystonia
7. Tremor and myoclonus

**Overall study start date**

10/04/2006

**Completion date**

10/04/2008

## **Eligibility**

**Key inclusion criteria**

Adult (18 years or more) male or female patients with CRPS1 as diagnosed by International Association for the Study of Pain (IASP) criteria, with a duration of 12 months or less with moderate to severe pain (mean numerical rating scale [NRS] of more than 4 in the previous week as measured three times daily in a pain diary where, 0 = no pain and 10 = worst imaginable pain) and one extremity involved.

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

**Total final enrolment**

49

**Key exclusion criteria**

1. Patients of less than 18 years of age
2. The existence of significant impairment of blood coagulation or the use of oral anticoagulant medication
3. Patients suffering from diabetic polyneuropathia
4. Patients who are unlikely to comply with study requirements
5. Pregnant women
6. CRPS1 with a duration of more than 12 months

**Date of first enrolment**

10/04/2006

**Date of final enrolment**

10/04/2008

**Locations****Countries of recruitment**

Netherlands

**Study participating centre**

Academic Hospital Maastricht (AZM)

Maastricht

Netherlands

6202 AZ

**Sponsor information****Organisation**

Academic Hospital Maastricht (AZM) and Dutch Consortium for Research on Trauma Related Neuronal Dysfunction (TREND)

**Sponsor details**

P.O. Box 5800

Maastricht

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6202 AZ

**Sponsor type**

University/education

**ROR**

<https://ror.org/02d9ce178>

## Funder(s)

**Funder type**

Government

**Funder Name**

Ministry of Economic Affairs (BSIK03016)

**Alternative Name(s)**

Ministry of Economic Affairs, Netherlands Ministry of Economic Affairs, EZ

**Funding Body Type**

Government organisation

**Funding Body Subtype**

National government

**Location**

Netherlands

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/01/2012	02/05/2019	Yes	No