

VP3: Vancouver primary prevention project (anxiety disorders prevention in school children)

Submission date 24/02/2006	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
Registration date 24/02/2006	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
Last Edited 07/01/2021	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

ClinicalTrials.gov (NCT)
NCT00247754

Protocol serial number
MCT-53658

Study information

Scientific Title

VP3: Vancouver primary prevention project (anxiety disorders prevention in school children)

Acronym

VP3

Study objectives

1. A cognitive behavior therapy (CBT) oriented intervention as delivered by school personnel will be superior to an attention control procedure in reducing anxiety symptoms in at-risk children
2. Children who have parental involvement will post stronger and more enduring treatment gains

Ethics approval required

Old ethics approval format

Ethics approval(s)

Behavioural Research Ethics Board, University of British Columbia, Vancouver, British Columbia, Canada (12 November, 2004).

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Anxiety disorders

Interventions

Cognitive behavior therapy (CBT) or an attention control procedure (storytelling)

Trial details received: 12 Sept 2005

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Anxiety symptoms

Key secondary outcome(s))

1. Extension to other school systems within BC (outside Vancouver)
2. Modification of protocol to minority populations/foreign language
3. Upward and downward modification (age range) of protocol

Completion date

30/06/2005

Eligibility

Key inclusion criteria

1. Anxiety disorder symptoms (identified by a score of 56 or higher on the Multidimensional Anxiety Scale for Children [MASC]; and teacher report, and/or parent recommendation) as the primary presenting problem
2. Aged 5 - 11 years old, either sex
3. An enrolled child must have at least 2 of these criteria:
 - a. Fluency in English
 - b. Parent willingness to sign consent form and to complete required assessments
 - c. Student willingness to participate (child assent) in 10-week affective education program and completion of required assessments

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Lower age limit

5 years

Upper age limit

11 years

Sex

All

Total final enrolment

1039

Key exclusion criteria

1. Any condition which prevents the subject from participating in 10 consecutive weeks of involvement in the group
2. Special education services provided (e.g. substantial learning disabled, enrollment in other special needs program or receiving private therapeutic services)
3. Organic mental disorder or mental retardation
4. Commencement of psychotropic medication within the past 3 months. Currently medicated children will be accepted in to the study providing they (and their treating physicians) agree to keep their doses constant throughout the course of the study.

Date of first enrolment

01/04/2002

Date of final enrolment

30/06/2005

Locations

Countries of recruitment

Canada

Study participating centre

University of British Columbia

Vancouver

Canada

V6T 1Z4

Sponsor information

Organisation

University of British Columbia (Canada)

ROR

<https://ror.org/03rmrcq20>

Funder(s)

Funder type

Research organisation

Funder Name

Canadian Institutes of Health Research (CIHR) (Canada) - <http://www.cihr-irsc.gc.ca> (ref: MCT-53658)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
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[Results article](#)

results

01/01/2014

07/01/2021

Yes

No