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Medical Research Council trial of treatment of mild hypertension

Submission date 07/09/2005	**Recruitment status** No longer recruiting	[_] Prospectively registered [_] Protocol [_] Statistical analysis plan [X] Results [_] Individual participant data
Registration date 08/09/2005	**Overall study status** Completed	
Last Edited 19/05/2011	**Condition category** Circulatory System	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N/A

Study information

Scientific Title

Study objectives
Lowering mild to moderate hypertension leads to a reduction in rates of stroke, deaths due to hypertension and of coronary events in men and women aged 35-64 years.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration.

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Hypertension

Interventions
Bendrofluazide or propranolol compared with placebo.

Intervention Type
Drug

Phase
Not Specified

Drug/device/biological/vaccine name(s)
Bendrofluazide and propranolol

Primary outcome measure
Stroke, deaths due to hypertension and of coronary events.

Secondary outcome measures
Not provided at time of registration

Overall study start date
01/01/1973

Completion date
01/12/1982

Eligibility

Key inclusion criteria
Men and women age 35-64 at recruitment in 176 general practices in the Medical Research Council's General Practice Research Framework. Diastolic blood pressure of 90-109 mmHg with a systolic pressure below 200 mmHg.

Participant type(s)
Patient

Age group
Adult

Sex
Both

Target number of participants
18,000 participants

Key exclusion criteria
Secondary hypertension; already on antihypertensive treatment; accepted indication for antihypertensive treatment; myocardial infarction or stroke within previous three months; presence of angina, intermittent claudication, diabetes, gout, bronchial asthma, serious intercurrent disease, pregnancy.

Date of first enrolment
01/01/1973

Date of final enrolment
01/12/1982

Locations

Countries of recruitment
England

United Kingdom

Study participating centre

Non-communicable Disease Epidemiology Unit
London
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Sponsor information

Organisation
Sponsor not defined - Record provided by the Medical Research Council (UK)

Sponsor details
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Sponsor type
Not defined

Funder(s)

Funder type
Research council

Funder Name
Medical Research Council (UK)

Alternative Name(s)
Medical Research Council (United Kingdom), UK Medical Research Council, MRC

Funding Body Type
Government organisation

Funding Body Subtype
National government

Location
United Kingdom

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	15/02/1992		Yes	No