

A pilot evaluation of a randomised controlled trial (RCT) of Enhanced Thinking Skills versus Treatment as Usual in antisocial personality disordered offenders in the community

Submission date 21/10/2005	Recruitment status No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
Registration date 08/12/2005	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 03/03/2015	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

N/A

Study information

Scientific Title

A pilot evaluation of a randomised controlled trial (RCT) of Enhanced Thinking Skills versus Treatment as Usual in antisocial personality disordered offenders in the community

Study objectives

In community-based antisocial personality disordered offenders who are in contact with forensic /other NHS services or criminal justice (probation), Enhanced Thinking Skills (ETS) will lead to a reduction in criminal attitudes, improvements in problem solving ability, a reduction of risk scores on dynamic measures of risk and a reduction in antisocial and offending behaviour compared with Treatment As Usual (TAU).

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Antisocial Personality Disorder

Interventions

Enhanced Thinking Skills Cognitive Training versus Treatment as Usual

Intervention Type

Behavioural

Primary outcome(s)

Number of criminal offences during follow-up, change in antisocial personality traits, change in antisocial attitudes, change in measures of risk.

Key secondary outcome(s)

Participants engagement in and satisfaction with the Enhanced Thinking Skills Therapy

Completion date

30/06/2008

Eligibility**Key inclusion criteria**

1. Male and female participants meeting the criteria for Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV) antisocial personality disorder with a history of

offending behaviour

2. Aged 18-50 years

3. Participants will be recruited from the NHS and Greater Manchester Probation Service

4. Participants will have a history of antisocial behaviour and/or offending behaviour particularly violent offences

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Upper age limit

50 years

Sex

All

Key exclusion criteria

1. Current Axis I disorder (schizophrenia, depression, anxiety disorders) (Schedule Clinical Interview for DSM-IV Axis I disorder, First et al, 1996)

2. IQ less than 70 on the National Adult Reading Test (Nelson et al, 1978)

3. Previously undergone a cognitive skills intervention

Date of first enrolment

01/01/2006

Date of final enrolment

30/06/2008

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Research Department

Manchester

United Kingdom

M25 3BL

Sponsor information

Organisation

University of Manchester (UK)

ROR

<https://ror.org/027m9bs27>

Funder(s)

Funder type

Government

Funder Name

National Forensic Mental Health R&D Programme

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes