

# A randomised controlled trial of relapse prevention training in the treatment of alcohol dependence

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 09/12/2008	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

## Scientific Title

### Study objectives

Does Early Warning Signs Relapse Prevention Training (EWSRPT) reduce the rate of relapse in persons who have completed treatment for alcohol dependence?

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Not Specified

## Participant information sheet

### Health condition(s) or problem(s) studied

Mental and behavioural disorders: Addiction

### Interventions

Added December 2008:

1. Aftercare as Usual (AU)
2. AU plus 15 individual sessions of EWSRPT using Gorski's protocol

### Intervention Type

Other

### Phase

Not Specified

### Primary outcome measure

Not provided at time of registration

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/10/1998

**Completion date**

04/01/2002

## Eligibility

**Key inclusion criteria**

Not provided at time of registration

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

Added December 2008: 124

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/10/1998

**Date of final enrolment**

04/01/2002

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Dorset Healthcare NHS Trust

Bournemouth

United Kingdom

BH1 4LB

# Sponsor information

## Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

## Sponsor details

The Department of Health  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL  
+44 (0)20 7307 2622  
dhmail@doh.gsi.org.uk

## Sponsor type

Government

## Website

<http://www.doh.gov.uk>

# Funder(s)

## Funder type

Government

## Funder Name

NHS Executive South West (UK)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/07/2005		Yes	No