

# Laminectomy without or with dorsal Fusion for cervical myeloradiculopathy: a randomised trial

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<b>Registration date</b> 11/06/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 30/10/2012	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

**Study website**  
<http://www.nccn.nl>

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

2007/01

# Study information

## Scientific Title

### Acronym

LamiFuse

### Study objectives

Patients that are surgically treated for signs and symptoms due to a stenosis of the cervical spinal canal have a better clinical outcome when a dorsal fusion is performed in addition to a laminectomy compared to those that have solely a laminectomy.

At the end of the study, the quality of life, complications, and the costs will be evaluated comparing these two treatment groups.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Approval received from the local ethics board (Commissie Mensgebonden Onderzoek Regio Arnhem-Nijmegen) on the 8th May 2007 (ref: CMO nr. 2007/052 and ABR nr: NL166633.091.07).

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

Treatment

### Participant information sheet

### Health condition(s) or problem(s) studied

Cervical myelopathy due to cervical spinal stenosis

### Interventions

Laminectomy versus laminectomy and fusion.

### Intervention Type

Other

**Phase**

Not Specified

**Primary outcome measure**

Clinical outcome measured by the modified version of the Japanese Orthopedics Association scale (mJOA) score. This will be measured at six weeks, three months and one year after surgery.

**Secondary outcome measures**

1. Quality of life, measured using the 36-item Short Form health survey (SF-36)
2. Complications
3. Costs

These will be measured at six weeks, three months and one year after surgery.

**Overall study start date**

09/01/2007

**Completion date**

09/01/2010

## Eligibility

**Key inclusion criteria**

1. Patients with a minimal age of 60 years
2. At neurologic examination myelopathic changes must be apparent
3. At Magnetic Resonance Imaging (MRI), concordant stenotic alterations at the cervical level(s) must be present
4. At the plain sitting lateral radiograph a lordotic spine must be shown
5. The shape of the cervical spine is lordotic when the vertebral bodies of C3 to C6 are in front of a line drawn from a point of the posterior inferior part of C2 to a point at the posterior superior part of C7

**Participant type(s)**

Patient

**Age group**

Senior

**Sex**

Not Specified

**Target number of participants**

60

**Key exclusion criteria**

1. Previous cervical surgery for myelopathic signs and symptoms
2. Solely radiculopathy, or most important complaint
3. Unable to undergo MRI
4. Life expectancy less than two years
5. Other diseases interfering with neurologic symptoms and signs, for example spinal cord

glioma, thoracic herniated disc with spinal cord compression, multiple sclerosis etc.  
6. Rheumatoid arthritis  
7. Trauma to the neck in history  
8. Diseases interfering with rehabilitation, for example severe cardiac congestive disease  
9. Participation in another study

**Date of first enrolment**

09/01/2007

**Date of final enrolment**

09/01/2010

## **Locations**

**Countries of recruitment**

Netherlands

**Study participating centre**

Neurosurgical Centre Nijmegen

Nijmegen

Netherlands

6500 HB

## **Sponsor information**

**Organisation**

Radboud University Nijmegen (The Netherlands)

**Sponsor details**

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**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.nccn.nl>

**ROR**

<https://ror.org/05wg1m734>

## Funder(s)

### Funder type

Other

### Funder Name

Insurances will be paid by the Neurosurgical Centre Nijmegen (The Netherlands). All other costs for the trial will be covered by the Principal Investigator. If financial sponsors are found, these costs will be settled.

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	protocol	09/11/2007		Yes	No