# Primary prevention of rheumatoid arthritis

Prospectively registered Submission date Recruitment status 20/12/2005 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 20/12/2005 Completed [X] Results [ ] Individual participant data Last Edited Condition category 18/03/2010 Musculoskeletal Diseases

## Plain English summary of protocol

Not provided at time of registration

## Study website

http://www.janvanbreemen.nl

## Contact information

## Type(s)

Scientific

#### Contact name

Dr D. van Schaardenburg

#### Contact details

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## Additional identifiers

EudraCT/CTIS number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

**NTR133** 

# Study information

#### Scientific Title

## Study objectives

1 - 2 intramuscular injections with 100 mg dexamethasone in persons without arthritis but with elevated serum levels of Rheumatoid Factor (RF) and or anti-Cyclic Citrullinated Peptide (aCCP) will lead to a reduction in antibody concentrations after 6 months and possibly to a lower frequency of rheumatoid arthritis after 5 years, in comparison to no treatment.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval received from the local medical ethics committee

## Study design

Randomised, double blinded, placebo controlled, parallel group trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Rheumatoid arthritis

#### **Interventions**

1 - 2 intramuscular injections with 100 mg dexamethason with 6 weeks interval (2nd injection with verum depends on response to first injection) or twice placebo.

#### Intervention Type

Drug

#### **Phase**

**Not Specified** 

## Drug/device/biological/vaccine name(s)

Dexamethasone

## Primary outcome measure

50% reduction of the concentration of the increased antibodies after 6 months compared to no treatment.

## Secondary outcome measures

Frequency of rheumatoid arthritis after 5 years compared to no treatment.

## Overall study start date

01/10/2005

### Completion date

01/04/2008

# **Eligibility**

#### Key inclusion criteria

- 1. Age 18 70 years for RF+, 18+ for aCCP
- 2. Twice increased Immunoglobulin M (IgM)-RF and/or aCCP with 4+ weeks interval
- 3. Human Leukocyte Antigen (HLA)-DR Shared Epitope (SE) positive

## Participant type(s)

Patient

#### Age group

Adult

## Lower age limit

18 Years

#### Sex

Both

## Target number of participants

80

## Key exclusion criteria

Situations with possible false positive RF:

- 1. Auto-immune diseases
- 2. Active infection with hepatitis C or Ebstein Barr virus
- 3. Recent chemotherapy
- 4. Co-morbidity with decreased life expectancy
- 5. Corticosteroid use for another disease
- 6. Contra-indications for corticosteroids: diabetes mellitus, osteoporosis
- 7. Pregnancy or lactation

#### Date of first enrolment

01/10/2005

### Date of final enrolment

01/04/2008

# **Locations**

### Countries of recruitment

Netherlands

Study participating centre Jan van Breemen Instituut

Amsterdam Netherlands 1056 AB

# Sponsor information

## Organisation

Jan van Breemen Instituut (Netherlands)

## Sponsor details

Dr. Jan van Breemenstraat 2 Amsterdam Netherlands 1056 AB

## Sponsor type

Research organisation

#### Website

http://www.janvanbreemen.nl

#### **ROR**

https://ror.org/00bp9f906

# Funder(s)

## Funder type

Research organisation

### **Funder Name**

The Netherlands Organization for Health Research and Development (ZonMw) (Netherlands)

# **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

| Output type     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|-----------------|---------|--------------|------------|----------------|-----------------|
| Results article | results | 01/03/2010   |            | Yes            | No              |