

The effectiveness of the self-help course 'In de put, uit de put' through the Internet

Submission date 27/01/2006	Recruitment status No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
Registration date 27/01/2006	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
Last Edited 13/10/2008	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr E H Warmerdam

Contact details
VU University Medical Centre
FPP, Department of Clinical Psychology
Van der Boechorststraat 1
Amsterdam
Netherlands
1081 BT
+31 (0)20 598 8959
eh.warmerdam@psy.vu.nl

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
NTR420

Study information

Scientific Title

The differential effects of minimal psychological treatment for depression.

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled, parallel group trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Quality of life

Participant information sheet

Health condition(s) or problem(s) studied

Depressive disorders

Interventions

A cognitive behavioural course for depressive complaints. There are two groups:

1. This group receives the course by the internet and receives support by email
2. Waiting list control group. These patients will follow the course when the first group has finished.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Depressive complaints after 4, 8, 12 and 24 weeks.

Secondary outcome measures

Cognitions, social skills, and activities after 4, 8, 12 and 24 weeks.

Overall study start date

01/05/2006

Completion date

01/09/2009

Eligibility

Key inclusion criteria

A high score on the screener for depression (Center for Epidemiologic Studies-Depression [CESD]).

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

348

Key exclusion criteria

A severe depressive disorder according to Diagnostic and Statistical Manual of Mental Disorders - Fourth Edition (DSM-IV) criteria (Composite International Diagnostic Interview [CIDI]-auto).

Date of first enrolment

01/05/2006

Date of final enrolment

01/09/2009

Locations

Countries of recruitment

Netherlands

Study participating centre

VU University Medical Centre

Amsterdam

Netherlands

1081 BT

Sponsor information

Organisation

Vrije University Medical Centre (VUMC) (The Netherlands)

Sponsor details

Department of Clinical Psychology
Van der Boechorststraat 1
Amsterdam
Netherlands
1081 BT

Sponsor type

Hospital/treatment centre

Website

<http://www.vumc.nl>

ROR

<https://ror.org/00q6h8f30>

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Vrije University Medical Centre (VUMC) (The Netherlands)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration