

# A randomized trial of sodium restriction and its effect on blood pressure in people of Asian descent

<b>Submission date</b> 30/09/2005	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2005	<b>Overall study status</b> Stopped	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 10/11/2010	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

### Protocol serial number

N0236066976

## Study information

## Scientific Title

### Study objectives

Not provided at time of registration

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Study type(s)

Prevention

### Health condition(s) or problem(s) studied

Cardiovascular

### Interventions

Please note that as of 21/07/10 the status of this trial has been updated to stopped.  
A larger trial examining a lower sodium reduction in participants from multiple ethics groups was carried out. 2009 results in <http://www.ncbi.nlm.nih.gov/pubmed/19620514>

Randomized trial

### Intervention Type

Other

### Phase

Not Specified

### Primary outcome(s)

Not provided at time of registration

### Key secondary outcome(s)

Not provided at time of registration

### Completion date

01/09/2005

## Eligibility

### Key inclusion criteria

Not provided at time of registration

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/09/1998

**Date of final enrolment**

01/09/2005

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre****Blood Pressure Unit**

London

United Kingdom

SW17 0QT

**Sponsor information****Organisation**

Department of Health

**Funder(s)****Funder type**

Government

**Funder Name**

St George's Healthcare NHS Trust (UK) - NHS R&D Support Funding

**Funder Name**

The Blood Pressure Trust (UK)

## **Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration