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Effectiveness of the psychiatric rehabilitation approach in the Netherlands

Submission date	Recruitment status
20/12/2005	No longer recruiting
Registration date	**Overall study status**
20/12/2005	Completed
Last Edited	**Condition category**
18/03/2016	Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Study website
http://www.kenniscentrumrehabilitatie.nl

Contact information

Type(s)
Scientific

Contact name
Dr W. Swildens

Contact details
Altrecht Institute for Mental Health Care,
Lange Nieuwstraat 119
Utrecht
Netherlands
3512 PG
+31 (0)30 2308820
w.swildens@altrecht.nl

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

Study information

Scientific Title
Effectiveness of the psychiatric rehabilitation approach in the Netherlands

Study objectives
The central research question is: what is the effectiveness of psychiatric rehabilitation (PR) in attaining patients personal rehabilitation goals, in improving patients functioning, empowerment and quality of life compared to 'rehabilitation as usual'?

PR is a systematic rehabilitation process consisting of three phases:
1. Diagnosis: helping patients gain insight into their future goals in the rehabilitation areas (housing, work/daily activities, learning and social contacts), and insight into which skills and resources are needed to attain these goals
2. Planning: describing the interventions necessary to attain the clients' rehabilitation goals
3. Intervention: conducting resource development and/or skill development

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Treatment

Participant information sheet
Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied
Psychiatric mental disorders/illness

Interventions
The study is designed as a randomised controlled trial (RCT) in four mental health organisations, comparing:

1. PR by fully trained rehabilitation workers (EXP)
3. Rehabilitation as usual by case managers/psychiatricMHC nurses with no PR training (CC)

A total of 160 patients were planned to be included in the RCT: 80 EXP and 80 CC. Fidelity criteria for the performance of PR in the experimental condition were developed at the start of the study. The patients can receive either the PR intervention or rehabilitation as usual during the whole research period of two years following randomisation.

In both conditions there is a minimum of at least once per three weeks an individual contact between the patient and the rehabilitation worker.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
The primary outcome criterion is goal attainment. Patients are interviewed three times, at the start (T0) after one year (T1) and after two years (T2). At the same time rehabilitation workers and psychiatrists are asked to fill out questionnaires.

Secondary outcome measures
Other outcome criteria are (changes in):
1. Functioning
2. Empowerment
3. Quality of life
4. Met and unmet needs for care

Overall study start date
01/05/2003

Completion date
01/01/2007

Eligibility

Key inclusion criteria
1. Adults with severe mental illness who receive Mental Health Care (MHC) in clinical settings or in out-patients settings
2. Must have a wish for change in at least one of the main rehabilitation areas (housing, work /daily activities, learning and social contacts)
3. Patients must have new goals: he/she is not already trying to obtain the goals mentioned with a rehabilitation worker
4. Patients must accept the rehabilitation offer and participate in the research
5. Patients should be willing to give informed consent

Participant type(s)
Patient

Age group

Adult

Sex
Both

Target number of participants
157

Key exclusion criteria
There are no other exclusion criteria patients with severe mental illness with different ages, and different psychiatric diagnosis can participate

Date of first enrolment
01/05/2003

Date of final enrolment
01/01/2007

Locations

Countries of recruitment
Netherlands

Study participating centre
Altrecht Institute for Mental Health Care
Utrecht
Netherlands
3512 PG

Sponsor information

Organisation
Altrecht Institute for Mental Health Care (The Netherlands)

Sponsor details
Nieuwstraat 119
Utrecht
Netherlands
3512 PG

Sponsor type
Hospital/treatment centre

ROR
https://ror.org/050jqep38

Funder(s)

Funder type
Research organisation

Funder Name
The Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

Alternative Name(s)
Netherlands Organisation for Health Research and Development

Funding Body Type
Private sector organisation

Funding Body Subtype
Other non-profit organizations

Location
Netherlands

Funder Name
Groningen Mental Health Care (The Netherlands)

Funder Name
Bavo RNO Group (The Netherlands)

Funder Name
Eindhoven Mental Health Care (The Netherlands)

Funder Name
Altrecht Mental Health Care (The Netherlands)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	24-month outcome results	01/12/2011		Yes	No
Results article	results	01/12/2016		Yes	No