

Effectiveness of the psychiatric rehabilitation approach in the Netherlands

Submission date 20/12/2005	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 20/12/2005	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 18/03/2016	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr W. Swildens

Contact details
Altrecht Institute for Mental Health Care,
Lange Nieuwstraat 119
Utrecht
Netherlands
3512 PG
+31 (0)30 2308820
w.swildens@altrecht.nl

Additional identifiers

Protocol serial number
N/A

Study information

Scientific Title
Effectiveness of the psychiatric rehabilitation approach in the Netherlands

Study objectives

The central research question is: what is the effectiveness of psychiatric rehabilitation (PR) in attaining patients personal rehabilitation goals, in improving patients functioning, empowerment and quality of life compared to 'rehabilitation as usual'?

PR is a systematic rehabilitation process consisting of three phases:

1. Diagnosis: helping patients gain insight into their future goals in the rehabilitation areas (housing, work/daily activities, learning and social contacts), and insight into which skills and resources are needed to attain these goals
2. Planning: describing the interventions necessary to attain the clients' rehabilitation goals
3. Intervention: conducting resource development and/or skill development

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Psychiatric mental disorders/illness

Interventions

The study is designed as a randomised controlled trial (RCT) in four mental health organisations, comparing:

1. PR by fully trained rehabilitation workers (EXP)
3. Rehabilitation as usual by case managers/psychiatricMHC nurses with no PR training (CC)

A total of 160 patients were planned to be included in the RCT: 80 EXP and 80 CC. Fidelity criteria for the performance of PR in the experimental condition were developed at the start of the study. The patients can receive either the PR intervention or rehabilitation as usual during the whole research period of two years following randomisation.

In both conditions there is a minimum of at least once per three weeks an individual contact between the patient and the rehabilitation worker.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

The primary outcome criterion is goal attainment. Patients are interviewed three times, at the start (T0) after one year (T1) and after two years (T2). At the same time rehabilitation workers and psychiatrists are asked to fill out questionnaires.

Key secondary outcome(s)

Other outcome criteria are (changes in):

1. Functioning
2. Empowerment
3. Quality of life
4. Met and unmet needs for care

Completion date

01/01/2007

Eligibility

Key inclusion criteria

1. Adults with severe mental illness who receive Mental Health Care (MHC) in clinical settings or in out-patients settings
2. Must have a wish for change in at least one of the main rehabilitation areas (housing, work /daily activities, learning and social contacts)
3. Patients must have new goals: he/she is not already trying to obtain the goals mentioned with a rehabilitation worker
4. Patients must accept the rehabilitation offer and participate in the research
5. Patients should be willing to give informed consent

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

There are no other exclusion criteria patients with severe mental illness with different ages, and different psychiatric diagnosis can participate

Date of first enrolment

01/05/2003

Date of final enrolment

01/01/2007

Locations

Countries of recruitment

Netherlands

Study participating centre

Altrecht Institute for Mental Health Care

Utrecht

Netherlands

3512 PG

Sponsor information

Organisation

Altrecht Institute for Mental Health Care (The Netherlands)

ROR

<https://ror.org/050jqep38>

Funder(s)

Funder type

Research organisation

Funder Name

The Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

Alternative Name(s)

Netherlands Organisation for Health Research and Development

Funding Body Type

Private sector organisation

Funding Body Subtype

Other non-profit organizations

Location

Netherlands

Funder Name

Groningen Mental Health Care (The Netherlands)

Funder Name

Bavo RNO Group (The Netherlands)

Funder Name

Eindhoven Mental Health Care (The Netherlands)

Funder Name

Altrecht Mental Health Care (The Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	24-month outcome results	01/12/2011		Yes	No
Results article	results	01/12/2016		Yes	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes