# Effectiveness of the psychiatric rehabilitation approach in the Netherlands

Submission date	Recruitment status No longer recruiting	Prospectively registered		
20/12/2005		Protocol		
Registration date	Overall study status	Statistical analysis plan		
20/12/2005	Completed	[X] Results		
Last Edited	Condition category	Individual participant data		
18/03/2016	Mental and Behavioural Disorders			

## Plain English summary of protocol

Not provided at time of registration

## Study website

http://www.kenniscentrumrehabilitatie.nl

## Contact information

## Type(s)

Scientific

#### Contact name

Dr W. Swildens

## Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

## Scientific Title

Effectiveness of the psychiatric rehabilitation approach in the Netherlands

## **Study objectives**

The central research question is: what is the effectiveness of psychiatric rehabilitation (PR) in attaining patients personal rehabilitation goals, in improving patients functioning, empowerment and quality of life compared to 'rehabilitation as usual'?

PR is a systematic rehabilitation process consisting of three phases:

- 1. Diagnosis: helping patients gain insight into their future goals in the rehabilitation areas (housing, work/daily activities, learning and social contacts), and insight into which skills and resources are needed to attain these goals
- 2. Planning: describing the interventions necessary to attain the clients' rehabilitation goals
- 3. Intervention: conducting resource development and/or skill development

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Psychiatric mental disorders/illness

## **Interventions**

The study is designed as a randomised controlled trial (RCT) in four mental health organisations, comparing:

- 1. PR by fully trained rehabilitation workers (EXP)
- 3. Rehabilitation as usual by case managers/psychiatricMHC nurses with no PR training (CC)

A total of 160 patients were planned to be included in the RCT: 80 EXP and 80 CC. Fidelity criteria for the performance of PR in the experimental condition were developed at the start of the study. The patients can receive either the PR intervention or rehabilitation as usual during the whole research period of two years following randomisation.

In both conditions there is a minimum of at least once per three weeks an individual contact between the patient and the rehabilitation worker.

## Intervention Type

Other

## **Phase**

**Not Specified** 

## Primary outcome measure

The primary outcome criterion is goal attainment. Patients are interviewed three times, at the start (T0) after one year (T1) and after two years (T2). At the same time rehabilitation workers and psychiatrists are asked to fill out questionnaires.

## Secondary outcome measures

Other outcome criteria are (changes in):

- 1. Functioning
- 2. Empowerment
- 3. Quality of life
- 4. Met and unmet needs for care

## Overall study start date

01/05/2003

## Completion date

01/01/2007

# **Eligibility**

## Key inclusion criteria

- 1. Adults with severe mental illness who receive Mental Health Care (MHC) in clinical settings or in out-patients settings
- 2. Must have a wish for change in at least one of the main rehabilitation areas (housing, work /daily activities, learning and social contacts)
- 3. Patients must have new goals: he/she is not already trying to obtain the goals mentioned with a rehabilitation worker
- 4. Patients must accept the rehabilitation offer and participate in the research
- 5. Patients should be willing to give informed consent

## Participant type(s)

Patient

## Age group

## Adult

## Sex

Both

## Target number of participants

157

## Key exclusion criteria

There are no other exclusion criteria patients with severe mental illness with different ages, and different psychiatric diagnosis can participate

## Date of first enrolment

01/05/2003

## Date of final enrolment

01/01/2007

## Locations

## Countries of recruitment

Netherlands

Study participating centre
Altrecht Institute for Mental Health Care
Utrecht
Netherlands
3512 PG

# Sponsor information

## Organisation

Altrecht Institute for Mental Health Care (The Netherlands)

## Sponsor details

Nieuwstraat 119 Utrecht Netherlands 3512 PG

## Sponsor type

Hospital/treatment centre

## **ROR**

https://ror.org/050jqep38

# Funder(s)

## Funder type

Research organisation

## **Funder Name**

The Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

## Alternative Name(s)

Netherlands Organisation for Health Research and Development

## **Funding Body Type**

Private sector organisation

## **Funding Body Subtype**

Other non-profit organizations

#### Location

Netherlands

#### **Funder Name**

Groningen Mental Health Care (The Netherlands)

#### **Funder Name**

Bavo RNO Group (The Netherlands)

## **Funder Name**

Eindhoven Mental Health Care (The Netherlands)

## **Funder Name**

Altrecht Mental Health Care (The Netherlands)

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

# Intention to publish date

# Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	24-month outcome results	01/12/2011		Yes	No
Results article	results	01/12/2016		Yes	No