# Study on Cost-Effectiveness of Personality disorder TREatment

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
28/12/2006	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
28/12/2006	Completed	Results
Last Edited	Condition category	Individual participant data
16/01/2007	Mental and Behavioural Disorders	Record updated in last year

### Plain English summary of protocol

Not provided at time of registration

### Study website

http://www.vispd.nl/projects.htm

# Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

### Scientific Title

### Acronym

**SCEPTRE** 

### Study objectives

- 1. Effect sizes of the psychotherapeutic treatments vary between 0.5 and 2.0.
- 2. A lower dosage of psychotherapeutic treatment is mainly related to symptomatic improvement, while a higher dosage is also related to structural and functional improvement.
- 3. The dosage for an optimal cost-effectiveness is lower than the maximum dosage.
- 4. When compared to cluster B personality disorders, for cluster C personality disorders a lower dosage is required to reach optimal cost-effectiveness.
- 5. A lower level of psychological mindedness and/or ability for a positive working alliance with the therapist is related to a lower level of (cost)-effectiveness.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Approval received from the Research Ethics Committee (REC) of Erasmus Medical Centre, Rotterdam, on the 7th January 2004 (ref: MEC 229.834/2003/122).

### Study design

Non-randomised clinical trial

### Primary study design

Interventional

# Secondary study design

Multi-centre

# Study setting(s)

Not specified

# Study type(s)

Treatment

### Participant information sheet

# Health condition(s) or problem(s) studied

Personality Disorder

#### Interventions

Psychotherapeutic treatment programs for patients with personality pathology that will be distinguished from one another according to the following dosages:

- 1. Short (maximum of six months) outpatient
- 2. Short day hospital
- 3. Short inpatient
- 4. Long (at least six months) outpatient
- 5. Long day hospital
- 6. Long inpatient

### Intervention Type

Other

### Phase

**Not Specified** 

### Primary outcome measure

- 1. Structural improvement of personality pathology (assessed with the Outcome Questionnaire [OQ45], and the Severity Indices of Personality Problems [SIPP])
- 2. Quality Adjusted Life Years (QALYs)

### Secondary outcome measures

- 1. Symptomatic improvement (assessed with the Symptoms CheckList [SCL-90])
- 2. Functional improvement (assessed with, amongst others, questions regarding work situation and care consumption)
- 3. Quality of life

### Overall study start date

01/09/2003

### Completion date

31/12/2008

# **Eligibility**

### Key inclusion criteria

- 1. At least one Diagnostic and Statistical Manual of Mental Disorders Fourth Edition (DSM-IV) axis-II diagnosis
- 2. An indication for psychotherapeutic treatment aiming at structural improvement of the personality pathology (besides symptomatic and/or functional improvement)

## Participant type(s)

Patient

### Age group

**Not Specified** 

#### Sex

**Not Specified** 

### Target number of participants

821

### Key exclusion criteria

- 1. Insufficient command of Dutch language
- 2. Severe cognitive impairments
- 3. Mental retardation
- 4. Axis-I schizophrenia

### Date of first enrolment

01/09/2003

### Date of final enrolment

31/12/2008

# Locations

### Countries of recruitment

Netherlands

### Study participating centre

Viersprong Institute for Studies on Personality Disorders (VISPD)

Halsteren Netherlands 4660 AA

# Sponsor information

### Organisation

Viersprong Institute for Studies on Personality Disorders (VISPD) (The Netherlands)

### Sponsor details

P.O. Box 7 Halsteren Netherlands 4660 AA

### Sponsor type

Research organisation

### Website

http://www.vispd.nl/

### **ROR**

https://ror.org/048jnwk41

# Funder(s)

### Funder type

Hospital/treatment centre

### Funder Name

Psychotherapeutic Center De Viersprong (The Netherlands)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration