

# A randomised controlled trial of printed patient information for whiplash patients is more better?

<b>Submission date</b> 05/09/2005	<b>Recruitment status</b> Stopped	<input checked="" type="checkbox"/> Prospectively registered
<b>Registration date</b> 15/09/2005	<b>Overall study status</b> Stopped	<input type="checkbox"/> Protocol
<b>Last Edited</b> 16/01/2019	<b>Condition category</b> Injury, Occupational Diseases, Poisoning	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Prof Kim Burton

### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

## Scientific Title

A randomised controlled trial of printed patient information for whiplash patients is more better?

## Acronym

WAD-ED

## Study objectives

When compared with the control (limited information/advice on a small folded card), the experimental intervention (comprehensive evidence-based information/advice in a 28-page booklet) will improve beliefs about whiplash associated disorder and its consequences, and will increase the proportion of individuals who are self-managing by 3-months post-injury.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Added 09/10/09: Received from the National Research Ethics Service (NRES), Airedale Research Ethics Committee (REC)

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Other

## Participant information sheet

Not available in web format, contact [kim@spineresearch.org.uk](mailto:kim@spineresearch.org.uk) to request a patient information sheet

## Health condition(s) or problem(s) studied

Whiplash associated disorders

## Interventions

1. Evidence-based patient educational booklet (The Whiplash Book).
2. Small folded card giving limited information

## Intervention Type

Other

**Phase**

Not Applicable

**Primary outcome measure**

Self-management of the whiplash associated disorder (i.e. the participant has ceased treatment and feels confident to self-manage their WAD without recourse to further healthcare), a dichotomous outcome measured by a structured questionnaire.

**Secondary outcome measures**

1. Beliefs
2. Disability
3. Pain

**Overall study start date**

01/10/2005

**Completion date**

01/10/2012

**Reason abandoned (if study stopped)**

Lack of funding/sponsorship

## **Eligibility**

**Key inclusion criteria**

1. Adults attending emergency departments following involvement as a vehicle occupant in a road traffic accident resulting in whiplash associated disorder of Quebec Grade 0 to III.
2. Good understanding of English.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

254

**Key exclusion criteria**

1. Serious spinal pathology, including whiplash injury of Quebec Grade IV.
2. Any clinical conditions (mental or physical) or accident-related injuries that render participation inappropriate.

**Date of first enrolment**

01/10/2005

**Date of final enrolment**

30/09/2006

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**30 Queen Street**

Huddersfield

United Kingdom

HD1 2SP

## **Sponsor information**

**Organisation**

University of Huddersfield (UK)

**Sponsor details**

Queensgate

Huddersfield

England

United Kingdom

HD1 2SP

**Sponsor type**

University/education

**ROR**

<https://ror.org/05t1h8f27>

## **Funder(s)**

**Funder type**

University/education

**Funder Name**

University of Huddersfield (UK)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration