

# ReMedi - Randomised controlled trial of the safety and efficacy of PHOE-01 in ME/CFS with digital monitoring

<b>Submission date</b> 23/05/2025	<b>Recruitment status</b> Recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 28/05/2025	<b>Overall study status</b> Deferred	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 25/07/2025	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Individual participant data
		<input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

The Health Research Authority (HRA) has approved deferral of publication of the full details of the trial. The full details will be added to the study record by the end date of the deferral (24 Jan 2026)

## Contact information

### Type(s)

Principal Investigator

### Contact name

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### Type(s)

Public, Scientific

### Contact name

Ms Trial Lead

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## Additional identifiers

### EudraCT/CTIS number

Nil known

### IRAS number

1010633

### ClinicalTrials.gov number

Nil known

### Secondary identifying numbers

PHOE2024-01

## Study information

### Scientific Title

ReMEdi - Randomised controlled trial of the safety and efficacy of PHOE-01 in ME/CFS with digital monitoring

### Acronym

ReMEdi

### Study objectives

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### Ethics approval required

Ethics approval required

### Ethics approval(s)

1. Approved 22/01/2025, South Central - Oxford B Research Ethics Committee (Health Research Authority, 2 Redman Place, London, E20 1JQ, United Kingdom; +44 207 104 8134; oxfordb.rec@hra.nhs.uk), ref: 24/SC/0409

2. Approved 24/01/2025, MHRA (10 South Colonnade, Canary Wharf, London, E14 4PU, United Kingdom; +44 20 3080 6000; info@mhra.gov.uk), ref: CTA 17683/0223/001-0001

### Study design

Interventional randomized controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Home

**Study type(s)**

Treatment, Safety, Efficacy

**Participant information sheet**

Not available in web format, please use contact details to request a participant information sheet

**Health condition(s) or problem(s) studied**

Myalgic Encephalomyelitis/Chronic Fatigue Syndrome

**Interventions**

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**Intervention Type**

Drug

**Pharmaceutical study type(s)**

Dose response

**Phase**

Phase II

**Drug/device/biological/vaccine name(s)**

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**Primary outcome measure**

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**Secondary outcome measures**

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**Overall study start date**

01/03/2024

**Completion date**

31/12/2025

## Eligibility

**Key inclusion criteria**

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**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

25

**Key exclusion criteria**

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**Date of first enrolment**

05/02/2025

**Date of final enrolment**

31/10/2025

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Lindus Health

Second Floor, Harlequin Building, 65 Southwark Street

London  
United Kingdom  
SE1 0HR

## Sponsor information

### Organisation

Alfred E. Tiefenbacher (Germany)

### Sponsor details

Van-der-Smissen-Strasse 1  
Hamburg  
Germany  
22767  
+49 40 44 18 09 0  
[clinical\\_studies@tiefenbacher.com](mailto:clinical_studies@tiefenbacher.com)

### Sponsor type

Industry

### Website

<https://aet.eu/>

### ROR

<https://ror.org/05cs0pa90>

## Funder(s)

### Funder type

Industry

### Funder Name

Alfred E. Tiefenbacher

## Results and Publications

### Publication and dissemination plan

Full trial details will be published up to 30 months after the end of the trial. Publication of some trial details is deferred because of the high commercial sensitivity of this study. Results will be posted on or after the date of publication of full trial details.

### Intention to publish date

31/12/2026

**Individual participant data (IPD) sharing plan**

The datasets generated and/or analysed during the current study are not expected to be made available because of their commercial sensitivity

**IPD sharing plan summary**

Not expected to be made available