

The treatment of anxiety and depression in primary care: a comparison of computer therapy, clinical psychology and GP treatment as usual

Submission date 12/09/2003	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 12/09/2003	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 28/03/2018	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

M0001095604

Study information

Scientific Title

The treatment of anxiety and depression in primary care: a comparison of computer therapy, clinical psychology and GP treatment as usual

Study objectives

To compare the efficacy of computer therapy for anxiety and depression with treatment provided by a clinical psychologist and GP treatment as usual. To compare the relative cost effectiveness of the computer and psychologist treatments.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Depression

Interventions

This is a randomised control trial. 90 consenting participants with depression and/or anxiety will be randomised to either treatment by the computer or to treatment by psychologists. The control group will comprise 45 matched patients in inner London who are receiving treatment as usual by GPs. Data from this group is being provided by collaborators at the Institute of Psychiatry.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Clinical effectiveness: measures assessing depression and anxiety at screening (assessment) and after 3 months.

Cost effectiveness: costs of the computer equipment, clinical psychologist's time and a research assistant's time will be calculated. Number of visits to the GP in the 3 months before and after the study will also be recorded.

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/04/2001

Completion date

01/06/2005

Eligibility

Key inclusion criteria

The sample comprises referrals from local GPs within the Hammersmith and Fulham Primary Care Groups. Patients (N=90) with anxiety and/or depression who are referred for psychological interventions and who give their written consent will be entered into the study.

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

90

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/04/2001

Date of final enrolment

01/06/2005

Locations

Countries of recruitment

England

United Kingdom

Study participating centre
West London Mental Health Trust
London
United Kingdom
W6 7DY

Sponsor information

Organisation
Department of Health (UK)

Sponsor details
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL

Sponsor type
Government

Website
<http://www.doh.gov.uk>

Funder(s)

Funder type
Research organisation

Funder Name
The West London Research Network (WeLReN) (UK)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration