

Sustainable Total Sanitation in Nigeria - implementation, learning, research and influence on practice and policy - formal research component

Submission date 23/09/2014	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
Registration date 06/10/2014	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
Last Edited 07/06/2023	Condition category Infections and Infestations	<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Background and study aims

The main aim of the STS Nigeria project is to eradicate open defecation and improve hygiene practices in households in rural and semi-urban Nigerian communities. By improving sanitation, the program aims to improve the well-being of households in treated communities. WaterAid Nigeria (WANG) is undertaking this project through the Local Government Areas (LGAs) as well as Non-Governmental Organisations (NGOs), in three Nigerian states: Jigawa, Ekiti and Enugu. This study aims to encourage people to use private sanitation solutions and to supply better quality private sanitation solutions that meet the local needs at a more affordable price in rural communities. In order to achieve this, we are implementing two different but closely connected methods: Community-Led Total Sanitation (CLTS), which is a community mobilization intervention, and Sanitation Marketing (SanMark), which targets suppliers of sanitation materials.

Who can participate?

All household members living in participating states of Nigeria.

What does the study involve?

CLTS will be implemented randomly in selected communities in each of the states. Communities and their households can voluntarily participate in the CLTS. SanMark will be implemented randomly in selected suppliers in each of the states. These suppliers will be approached by SanMark consultants and they can choose to participate voluntarily. Data will be collected from communities, households, businesses and facilitators of the interventions at the start of the study. Body measurements from children aged 6 or under and their mothers will be collected as part of the household survey as well as information about their health. Data collection will take place over a period of 18 months.

What are the possible benefits and risks of participating?

It is expected that participants will benefit from improved sanitation practices, and hence

improved well-being. It is expected that businesses that participate in the SanMark intervention will benefit from introducing new products and improving their performance. We do not expect risks related to participation in the study.

Where is the study run from?

Households of two Nigerian states: Ekiti and Enugu

When is the study starting and how long is it expected to run for?

Initial information will be collected in October 2014. Program implementation is expected to start right after data collection is finished in each local government authorities in each of the two states. Final data collection is expected to start in October 2017. The study is expected to end on 30/06/2018.

Who is funding the study?

WaterAid, UK

Who is the main contact?

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Contact information

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Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

Study information

Scientific Title

The effectiveness of the Sustainable Total Sanitation program in Nigeria: a cluster randomized trial on demand creation

Acronym

STS Nigeria

Study objectives

It is hypothesized that community-Led total Sanitation (CLTS) will decrease open defecation, and by doing so can increase the adoption and sustained use of improved sanitation practices, by households in rural and semi-urban Nigerian communities. Households in villages more exposed to Sanitation Marketing will increase the adoption and sustained use of improved sanitation practices relative to villages less exposed to Sanitation Marketing. In turn, eliminating open defecation and the use of improved sanitation in combination with improved hygiene practices, such as hand washing with soap, can result in changes in a number of additional outcomes, including health and productivity. The null hypothesis is that there will be no difference in sanitation practices and outcomes between the treatment and the control group. A second hypothesis is that businesses that participate in Sanitation Marketing will improve their product range, specifically with respect to affordable materials and products for sanitation relative to control businesses. The effectiveness of CLTS will be established by an RCT, the impact of the SanMark intervention on households and communities will not be established through an RCT.

Ethics approval required

Old ethics approval format

Ethics approval(s)

UCL Research Ethics Committee, Graduate School Office; 16/05/2014; ref: 2168/009

Study design

Randomised controlled trial (RCT)

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Quality of life

Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied

Community intervention (CLTS) to improve households' sanitation uptake and practices.
Supplier level intervention (SanMark) to improve sanitation supply and demand.

Interventions

Communities are randomly allocated to intervention and control groups.

CLTS aims at changing social norms, decreasing open defecation and increasing the demand for sanitation. It promotes a collective sense of disgust and shame about open defecation (making evident that open shit goes to open mouth), and community pressure to change social norms and trigger change in defecation and hygiene behaviour of each of its members. CLTS improves the understanding that so long as a small number of people in the community continues to open defecate all community members are at risk of contracting sanitation related diseases. This understanding is expected to lead to community members coming up with a coordinated solution to end open defecation at the community level. The households living in randomly selected control communities will only benefit from CLTS after this study finishes.

Sanitation Marketing works with private sector business and focuses on the 4Ps of the marketing mix product, place, promotion and price to connect people to sanitation products they desire. The idea is that a supply of suitable products and services are ready and accessible before or at the time of stimulating demand through promotional activities fostered by the SanMark intervention. This allows households within each community to afford a toilet or upgrade their existing facilities, increasing the probability of communities to build improved latrines rather than unimproved latrines - that they will maintain and use over time. SanMark uses social and commercial marketing techniques to persuade individual households to invest in and use a latrine, by highlighting the private benefits and aspirational drivers. Sanitation Marketing can also benefit the businesses that sell the new sanitation product. Businesses in the control group will benefit after this study finishes, when they will be formally approached to engage in Sanitation Marketing. However, there could be spillover effects to control businesses and these businesses could benefit from imitating treated businesses.

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

1. Percentage of households that own toilet
2. Percentage of households that own an improved toilet
3. Percentage of households that use a toilet
4. Percentage of households that use an improved toilet
5. Percentage of households that practices open defecation
6. Percentage of women that practice handwashing at critical times
7. Percentage of suppliers that take up the new sanitation product
8. Percentage of suppliers that conduct marketing activities for their products
9. Percentage of individuals that wash their hands after defecating

Secondary outcome measures

1. Percentage of children 0-24 months who are stunted (height for age z-score less than -2)
2. Percentage of children 0-24 months who are wasted (weight for height z-score less than -2)
3. Percentage of children 0-24 months who suffer from underweight (weight for age z-score less than -2)
4. Percentage of children 24-60 months who are stunted (height for age z-score less than -2)
5. Percentage of children 24-60 months who are wasted (weight for height z-score less than -2)
6. Percentage of children 24-60 months who suffer from underweight (weight for age z-score less than -2)
7. Percentage of children under 6 year of age that have reported diarrhea in the last 7 days.
8. Percentage of household members that have reported diarrhea in the last 4 weeks.
9. Percentage of household members that have reported any sanitation related diseases (Malaria, Thyphoid Fever, Cholera, Trachoma, intestinal worms, guinea worm) in the last 4 weeks.
10. Percentage of women that feel unsecure/uncomfortable about their place for defecation
11. Amount of savings
12. Amount of debt
13. Hours worked for pay

Overall study start date

01/03/2014

Completion date

30/06/2018

Eligibility

Key inclusion criteria

All households members

Participant type(s)

Patient

Age group

Child

Sex

Both

Target number of participants

6400 households and 4800 children under 6

Key exclusion criteria

None

Date of first enrolment

01/10/2014

Date of final enrolment

31/12/2017

Locations**Countries of recruitment**

England

Nigeria

United Kingdom

Study participating centre

Institute for Fiscal Studies

London

United Kingdom

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Sponsor information**Organisation**

WaterAid

Sponsor details

47 - 49 Durham Street

London

United Kingdom

SE11 5JD

Sponsor type

Charity

Website

<http://www.wateraid.org/>

ROR

<https://ror.org/02at6q094>

Funder(s)

Funder type

Charity

Funder Name

WaterAid (UK)

Results and Publications

Publication and dissemination plan

Interim Impact Evaluation Report to Funders due 01/03/2018

Formal Impact Evaluation Report to Funders due 30/06/2018

Research working paper co-authored with consultants submitted to Funders due 30/06/2018

Planned publication in a high-impact peer reviewed journal.

Added 18/06/2019:

2018 final research report: <https://washmatters.wateraid.org/sites/g/files/jkxoof256/files/STS%20Nigeria-Final%20Report.pdf>

2019 preprint: <https://arxiv.org/abs/1901.03544>

Intention to publish date

30/06/2019

Individual participant data (IPD) sharing plan

The datasets generated and/or analysed during the current study during this study will be included in the subsequent results publication.

IPD sharing plan summary

Other

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Funder report results		06/05/2018	01/09/2021	No	No