Musculoskeletal Diseases

# Efficacy of Acupuncture in the Treatment of Fibromyalgia

Submission date 20/08/2004	<b>Recruitment status</b> No longer recruiting
<b>Registration date</b> 21/09/2004	<b>Overall study status</b> Completed
Last Edited	Condition category

[] Prospectively registered

[] Protocol

[] Statistical analysis plan

[X] Results

[] Individual participant data

#### Plain English summary of protocol

Not provided at time of registration

# **Contact information**

**Type(s)** Scientific

16/08/2011

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#### **Contact details**

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# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers R01 AT00003

# Study information

#### Scientific Title

**Study objectives** Not provided at time of registration

**Ethics approval required** Old ethics approval format

**Ethics approval(s)** Not provided at time of registration

**Study design** Randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Not specified

**Study type(s)** Treatment

Participant information sheet

Health condition(s) or problem(s) studied Fibromyalgia (FM)

#### Interventions

One hundred FM patients will participate in a 12-week trial.

These patients will be randomized into 3 control groups and 1 "true" acupuncture group. The control groups will consist of a group receiving acupuncture treatment for an unrelated condition (morning sickness), a group receiving needle insertion at non-channel, non-point locations, and a "true" placebo group.

#### Intervention Type

Other

**Phase** Not Specified

#### Primary outcome measure

The primary outcome was subjective pain as measured by a 10-cm visual analogue scale ranging from 0 (no pain) to 10 (worst pain ever). Measurements were obtained at baseline; 1, 4, 8, and 12

weeks of treatment; and 3 and 6 months after completion of treatment. Participant blinding and adverse effects were ascertained by self-report. The primary outcomes were evaluated by pooling the 3 sham-control groups and comparing them with the group that received acupuncture to treat fibromyalgia.

#### Secondary outcome measures

Not provided at time of registration

Overall study start date 01/01/2001

**Completion date** 01/09/2002

# Eligibility

**Key inclusion criteria** Male or Female, aged 18 and over with Fibromyalgia

Participant type(s) Patient

Age group Not Specified

**Lower age limit** 18 Years

**Sex** Not Specified

**Target number of participants** 100

**Key exclusion criteria** Not provided at time of registration

Date of first enrolment 01/01/2001

Date of final enrolment 01/09/2002

## Locations

**Countries of recruitment** United States of America **Study participating centre University of Washington** Seattle United States of America 98101

### Sponsor information

**Organisation** National Center for Complementary and Alternative Medicine (NCCAM) (USA)

**Sponsor details** 6707 Democracy Blvd room 401 Bethesda United States of America 20892

**Sponsor type** Research organisation

ROR https://ror.org/00190t495

# Funder(s)

**Funder type** Government

**Funder Name** National Center for Complementary and Alternative Medicine (NCCAM) (USA)

Alternative Name(s) NCCAM

**Funding Body Type** Government organisation

Funding Body Subtype National government

**Location** United States of America

# **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	05/07/2005		Yes	No