# Efficacy of Acupuncture in the Treatment of Fibromyalgia

Submission date	Recruitment status  No longer recruiting	Prospectively registered		
20/08/2004		☐ Protocol		
Registration date 21/09/2004	Overall study status Completed	Statistical analysis plan		
		[X] Results		
<b>Last Edited</b> 16/08/2011	Condition category  Musculoskeletal Diseases	Individual participant data		
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#### Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

Dr Dedra Buchwald

#### Contact details

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#### Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

R01 AT00003

# Study information

#### Scientific Title

#### **Study objectives**

Not provided at time of registration

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

**Treatment** 

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Fibromyalgia (FM)

#### Interventions

One hundred FM patients will participate in a 12-week trial.

These patients will be randomized into 3 control groups and 1 "true" acupuncture group. The control groups will consist of a group receiving acupuncture treatment for an unrelated condition (morning sickness), a group receiving needle insertion at non-channel, non-point locations, and a "true" placebo group.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

The primary outcome was subjective pain as measured by a 10-cm visual analogue scale ranging from 0 (no pain) to 10 (worst pain ever). Measurements were obtained at baseline; 1, 4, 8, and 12

weeks of treatment; and 3 and 6 months after completion of treatment. Participant blinding and adverse effects were ascertained by self-report. The primary outcomes were evaluated by pooling the 3 sham-control groups and comparing them with the group that received acupuncture to treat fibromyalgia.

#### Secondary outcome measures

Not provided at time of registration

#### Overall study start date

01/01/2001

#### Completion date

01/09/2002

## **Eligibility**

#### Key inclusion criteria

Male or Female, aged 18 and over with Fibromyalgia

#### Participant type(s)

**Patient** 

#### Age group

**Not Specified** 

#### Lower age limit

18 Years

#### Sex

**Not Specified** 

#### Target number of participants

100

#### Key exclusion criteria

Not provided at time of registration

#### Date of first enrolment

01/01/2001

#### Date of final enrolment

01/09/2002

### **Locations**

#### Countries of recruitment

United States of America

# Study participating centre University of Washington

Seattle United States of America 98101

# Sponsor information

#### Organisation

National Center for Complementary and Alternative Medicine (NCCAM) (USA)

#### Sponsor details

6707 Democracy Blvd room 401 Bethesda United States of America 20892

#### Sponsor type

Research organisation

#### **ROR**

https://ror.org/00190t495

# Funder(s)

#### Funder type

Government

#### **Funder Name**

National Center for Complementary and Alternative Medicine (NCCAM) (USA)

#### Alternative Name(s)

**NCCAM** 

#### **Funding Body Type**

Government organisation

#### **Funding Body Subtype**

National government

#### Location

United States of America

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	05/07/2005		Yes	No