A randomized multicenter trial to assess the efficacy of a combined therapy with Sirolimus (Rapamune®), MMF (Cellsept®) and corticosteroids after early elimination of cyclosporin compared to a standard immunosuppression with cyclosporin, MMF and corticosteroids in patients after kidney transplantation

Submission date	Recruitment status	Prospectively registered
20/06/2005	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
04/10/2005	Completed	[X] Results
Last Edited	Condition category	[] Individual participant data
07/07/2021	Surgery	

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

**Protocol serial number** 00/03 - A2, V 12.04.2005

# Study information

Scientific Title

-

#### Acronym

**SMART** 

## **Study objectives**

Early conversion to a calcineurin-inhibitor-free protocol with Sirolimus (Rapamune®) in combination with MMF (Cellcept®) and corticosteroids is superior to a standard protocol with Cyclosporin (Sandimmun®) in combination with MMF (Cellcept®) and corticosteroids at the level of graft-function at 12 months.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Terminal renal failure

#### **Interventions**

Patients with terminal renal failure undergoing renal transplantation.

After an initial immunosuppression with Cyclosporin, MMF and Steroids for 10-24 days, patients in the study group A are converted to Sirolimus, MMF and Steroids. Patients in the control group continue on Cyclosporin, MMF and Steroids.

### **Intervention Type**

Drug

#### Phase

**Not Specified** 

## Drug/device/biological/vaccine name(s)

Serolimus (Rapamune®), MMF (Cellsept®), cyclosporin (Sandimmun®), corticosteroids

## Primary outcome(s)

Graft function at 12 months defined as creatinine clearance calculated according to the Cockroft-Gault formula and serum creatinine level.

## Key secondary outcome(s))

- 1. Incidence of biopsy proven acute rejection episodes according to Banff 97 classification
- 2. Patient and graft survival at 12 months
- 3. Incidence of treatment failure defined as:
- a. Switch to another immunosuppressive regimen
- b. Continuing removal of a single immunosuppressant (except MP)
- c. Switch to another immunosuppressive regimen because of side effects
- 4. Incidence of infections
- 5. Incidence of malignancies
- 6. Incidence of new onset of hypertension
- 7. Incidence of side effects (e.g. metabolic disorders, others)

## Completion date

31/03/2007

# Eligibility

#### Kev inclusion criteria

- 1. Male or female patients between 18 and 60 years of age
- 2. Primary or secondary kidney allograft recipients (PRA <30%)
- 3. No requirement for dialysis since three days before randomization
- 4. Women of childbearing potential must have a negative qualitative pregnancy test before Sirolimus administration and agree to use a medically acceptable method of contraception throughout the treatment period and for three months following discontinuation of Sirolimus. Any woman becoming pregnant during the treatment period must discontinue Sirolimus treatment
- 5. Signed and dated informed consent

## Participant type(s)

Patient

## Healthy volunteers allowed

No

# Age group

Adult

## Lower age limit

18 years

All

#### Key exclusion criteria

- 1. Multiorgan transplant recipients
- 2. Cold ischemia time >36 hours
- 3. PRA > 30%
- 4. Postoperative technical complications necessitating re operation (e.g. kidney artery stenosis) or wound healing disturbances (e.g. voluminous lymphoceles)
- 5. Recipients of A-B-0 incompatible grafts
- 6. Body mass index >32
- 7. Patients with cardiac infarction within six months before study entry or actual unstable coronary heart disease
- 8. Total number of neutrophile granulocytes <1,500/mm^3 or leucocytes <2,500/mm^3 at screening
- 9. Patients with severe hepatic impairment (glutamic-oxaloacetic transaminase [GOT], glutamic-pyruvic transaminase [GPT], total bilirubin above three times the norm)
- 10. Total cholesterol >300 mg/dl and triglycerides >400 mg/dl (even under lipid lowering treatment)
- 11. Patients with severe intestinal disorders or other diseases significantly influencing resorption, distribution, metabolism and elimination of study medication (except diabetes) at the discretion of the investigator
- 12. Recipients positive for hepatitis B surface antigens or human immunodeficiency virus (HIV), organs from donors positive for hepatitis B surface antigens or HIV
- 13. Active malignancies within two years before study entry with the exception of squamous cell carcinoma and basal cell carcinoma of the skin
- 14. Patients with active systemic infections or significant coagulopathy or requirement of long term anticoagulation therapy after transplantation
- 15. Use of any investigational drug within four weeks before study entry
- 16. Known intolerability of Cyclosporine, Sirolimus, MMF or other medication required after transplantation
- 17. Patients with diseases which potentially could impair study performance at the discretion of the investigator
- 18. Pregnancy and lactation
- 19. Refusal to sign informed consent form
- 20. Patients with ongoing requirement of dialysis at time of randomization

#### Date of first enrolment

01/03/2005

#### Date of final enrolment

31/03/2007

# Locations

## Countries of recruitment

Germany

# **Dept of Surgery**

Munich Germany 81377

# Sponsor information

# Organisation

University of Munich - Department of Surgery (Germany)

#### **ROR**

https://ror.org/05591te55

# Funder(s)

## Funder type

Industry

#### **Funder Name**

Wyeth Pharmaceuticals

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output typeDetailsDate createdDate addedPeer reviewed?Patient-facing?Results article27/07/201007/07/2021YesNo