

Short-term and long-term effect of a DANish hospital based comprehensive cardiac REHABilitation programme (The DANREHAB study)

Submission date 23/01/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
Registration date 09/03/2004	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
Last Edited 21/09/2017	Condition category Circulatory System	<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

N/A

Study information

Scientific Title

Short-term and long-term effect of a DANish hospital based comprehensive cardiac REHABilitation programme (The DANREHAB study): a randomized clinical trial

Acronym

DANREHAB

Study objectives

The DANish Cardiac ReHABilitation (DANREHAB) trial was designed as a centrally randomized clinical trial to clarify whether hospital-based comprehensive cardiac rehabilitation is superior to usual care for patients with congestive heart failure, ischemic heart disease, or high risk for ischemic heart disease.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Comprehensive cardiac rehabilitation

Interventions

Hospital-based phase II comprehensive cardiac rehabilitation (CR) versus usual care. The CR was an individually tailored, multidisciplinary program (6 weeks of intensive CR and 12 months of follow-up) including patient education, exercise training, dietary counseling, smoking cessation, psychosocial support, risk factor management, and clinical assessment.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

A combined primary outcome measure included total mortality, myocardial infarction, or readmissions due to heart disease based on linkage to public registries.

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/03/2003

Eligibility

Key inclusion criteria

Patients discharged from a Department of Cardiology with patients with congestive heart failure, ischemic heart disease, or high risk for ischemic heart disease.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/12/1999

Date of final enrolment

01/03/2003

Locations

Countries of recruitment

Denmark

Study participating centre

National Institute of Public Health

Copenhagen OE

Denmark

DK2100

Sponsor information

Organisation

The Danish Heart Foundation

ROR

<https://ror.org/0375vv569>

Funder(s)

Funder type

Other

Funder Name

The Danish Heart Foundation

Funder Name

A full list of all sources of funding can be accessed at <http://www.cardiacrehabilitation.dk/Sponsors.172.0.html>

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2005		Yes	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes