ISRCTN74852771 https://doi.org/10.1186/ISRCTN74852771

The effectiveness of peer support in increasing hope and quality of life in psychiatric patients discharged from hospital

Submission date
23/02/2011

Recruitment status
No longer recruiting

Registration date
23/02/2011

Overall study status
Completed

Last Edited
06/02/2014

Condition category
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof Alan Simpson

Contact details
School Community & Health Sciences, Philpot Street
London
United Kingdom
E1 2EA
a.simpson@city.ac.uk

Additional identifiers

Protocol serial number
8516

Study information

Scientific Title
A pilot randomised controlled trial to measure the effectiveness of peer support in increasing hope and quality of life in psychiatric patients discharged from hospital

Acronym
Peer Support Project

Study objectives
A pilot randomised controlled trial to compare effectiveness and cost effectiveness of peer support provided by Peer Support Workers (PSW) alongside usual aftercare to patients discharged from psychiatric units, with patients receiving usual aftercare alone.

Ethics approval required
Old ethics approval format

Ethics approval(s)
East London & The City REC Alpha on 26/03/2011 (REC Ref: 10/H0704/9)

Study design
Randomised interventional treatment

Primary study design
Interventional

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Topic: Mental Health Research Network; Subtopic: All Diagnoses; Disease: Not Applicable

Interventions
Peer Support, Peer Support Workers (PSW) will provide peer support for six weeks to patients discharged from four psychiatric wards over a seven month period. Peer support will be in addition to usual aftercare, described in the control condition. Initial contact will be made while the user is an inpatient. Follow up length: 3 months, study entry : single randomisation only

Intervention Type
Other

Phase
Not Applicable

Primary outcome(s)
Beck Hopelessness Scale (BHS); Timepoints: One month (T1) and three months (T2) after discharge

Key secondary outcome(s))
1. EuroQol, Timepoints: One month (T1) and three-months (T2) post-discharge
2. UCLA Loneliness Scale (V3) Timepoints: One month (T1) and three-months (T2) post-discharge

Completion date
31/05/2011

Eligibility

Key inclusion criteria
1. Gender: Male & Female, age between 18 and 65 years
2. Diagnosed mental illness, approaching discharge/extended leave

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Lower age limit
18 years

Sex
All

Key exclusion criteria
1. Considered a risk to others, alcohol or drug dependent/problematic substance user or primary diagnosis of substance use
2. Serious personality disorder
3. Pregnant or caring for children

Date of first enrolment
01/10/2010

Date of final enrolment
31/05/2011

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
School Community & Health Sciences, Philpot Street
London
United Kingdom
E1 2EA

Sponsor information

Organisation
East London NHS Foundation Trust (UK)

ROR
https://ror.org/01q0vs094

Funder(s)

Funder type
Government

Funder Name
National Institute for Health Research (NIHR) - Research for Patient Benefit (RfPB) (UK) (Ref: Grant Codes: PB-PG-0408-16151)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	05/02/2014		Yes	No