

The effectiveness of peer support in increasing hope and quality of life in psychiatric patients discharged from hospital

Submission date

23/02/2011

Recruitment status

No longer recruiting

Registration date

23/02/2011

Overall study status

Completed

Last Edited

06/02/2014

Condition category

Mental and Behavioural Disorders

☐ Prospectively registered

☐ Protocol

☐ Statistical analysis plan

☒ Results

☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Prof Alan Simpson

Contact details

School Community & Health Sciences, Philpot Street

London

United Kingdom

E1 2EA

a.simpson@city.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

8516

Study information

Scientific Title

A pilot randomised controlled trial to measure the effectiveness of peer support in increasing hope and quality of life in psychiatric patients discharged from hospital

Acronym

Peer Support Project

Study objectives

A pilot randomised controlled trial to compare effectiveness and cost effectiveness of peer support provided by Peer Support Workers (PSW) alongside usual aftercare to patients discharged from psychiatric units, with patients receiving usual aftercare alone.

Ethics approval required

Old ethics approval format

Ethics approval(s)

East London & The City REC Alpha on 26/03/2011 (REC Ref: 10/H0704/9)

Study design

Randomised interventional treatment

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied

Topic: Mental Health Research Network; Subtopic: All Diagnoses; Disease: Not Applicable

Interventions

Peer Support, Peer Support Workers (PSW) will provide peer support for six weeks to patients discharged from four psychiatric wards over a seven month period. Peer support will be in addition to usual aftercare, described in the control condition. Initial contact will be made while the user is an inpatient. Follow up length: 3 months, study entry : single randomisation only

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Beck Hopelessness Scale (BHS); Timepoints: One month (T1) and three months (T2) after discharge

Secondary outcome measures

1. EuroQol, Timepoints: One month (T1) and three-months (T2) post-discharge
2. UCLA Loneliness Scale (V3) Timepoints: One month (T1) and three-months (T2) post-discharge

Overall study start date

01/10/2010

Completion date

31/05/2011

Eligibility

Key inclusion criteria

1. Gender: Male & Female, age between 18 and 65 years
2. Diagnosed mental illness, approaching discharge/extended leave

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex

Both

Target number of participants

Planned Sample Size: 143; UK Sample Size: 143

Key exclusion criteria

1. Considered a risk to others, alcohol or drug dependent/problematic substance user or primary diagnosis of substance use
2. Serious personality disorder
3. Pregnant or caring for children

Date of first enrolment

01/10/2010

Date of final enrolment

31/05/2011

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

School Community & Health Sciences, Philpot Street

London

United Kingdom

E1 2EA

Sponsor information

Organisation

East London NHS Foundation Trust (UK)

Sponsor details

Newham Academic Centre for Mental Health, London

Greater London

England

United Kingdom

E13 8SP

Sponsor type

Hospital/treatment centre

ROR

<https://ror.org/01q0vs094>

Funder(s)

Funder type

Government

Funder Name

National Institute for Health Research (NIHR) - Research for Patient Benefit (RfPB) (UK) (Ref: Grant Codes: PB-PG-0408-16151)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	05/02/2014		Yes	No