# Does early imaging influence management and improve outcome in patients with low back pain?

Submission date Recruitment status Prospectively registered 25/04/2003 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 25/04/2003 Completed [X] Results [ ] Individual participant data Last Edited Condition category Musculoskeletal Diseases 27/08/2009

#### Plain English summary of protocol

Not provided at time of registration

#### Study website

http://www.abdn.ac.uk/hsru/hta/sbt.shtml

# Contact information

## Type(s)

Scientific

#### Contact name

Prof Fiona Gilbert

#### Contact details

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## Additional identifiers

EudraCT/CTIS number

**IRAS** number

#### ClinicalTrials.gov number

# Secondary identifying numbers

HTA 93/17/43

# Study information

#### Scientific Title

#### **Study objectives**

For many patients with back pain the optimal role and timing of imaging (lumbar spine radiography, magnetic resonance imaging, computed tomography, myelography) is unclear. The objectives of proposed study are (a) to determine whether early as opposed to delayed selective imaging significantly impacts on clinical management and patient outcome, and (b) to assess the resource implications of the two policies within a formal economic analysis. The application is for a Scottish-based, four-centred trial involving 1200 patients.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration.

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

## Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

**Not Specified** 

#### Participant information sheet

## Health condition(s) or problem(s) studied

Musculoskeletal diseases: Spinal conditions

#### **Interventions**

- 1. Early imaging
- 2. Delayed, selective imaging (that is, only when a clear clinical indication develops and only when judged absolutely necessary by the clinician)

A minimisation algorithm will be used to balance the 'random' allocation in respect of key prognostic variables.

#### Intervention Type

Other

#### **Phase**

**Not Specified** 

#### Primary outcome measure

The principle measures of patient outcome will be the Oswestry Disability Index and the SF 36 health status measure. Secondary measures will assess diagnostic impact, therapeutic impact and other parameters of health. Follow-up assessments will be performed at 6 and 24 months after entry. Secondary stratified analyses will explore the effects of pre-referral lumbar spine radiographs, amongst other factors.

#### Secondary outcome measures

Not provided at time of registration.

#### Overall study start date

01/09/1996

#### Completion date

31/08/2001

# Eligibility

## Key inclusion criteria

Back pain patients referred to a consultant orthopaedic surgeon or neurosurgeon where there is clinical uncertainty about whether or when to perform imaging

## Participant type(s)

Patient

#### Age group

Not Specified

#### Sex

**Not Specified** 

#### Target number of participants

782

#### Key exclusion criteria

Patients going for immediate surgery or discharged to primary care would not be eligible.

#### Date of first enrolment

01/09/1996

#### Date of final enrolment

31/08/2001

# **Locations**

#### Countries of recruitment

Scotland

**United Kingdom** 

Study participating centre
Academic Department of Radiology
Aberdeen
United Kingdom
AB9 2ZD

# Sponsor information

#### Organisation

Department of Health (UK)

### Sponsor details

Quarry House Quarry Hill Leeds United Kingdom LS2 7UE +44 (0)1132 545 843 Sheila.Greener@doh.gsi.gov.uk

#### Sponsor type

Government

#### Website

http://www.dh.gov.uk/en/index.htm

#### **ROR**

https://ror.org/03sbpja79

# Funder(s)

## Funder type

Government

#### **Funder Name**

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

**Study outputs** 

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2004		Yes	No