A comparative study of humidification and a nasal spray for the treatment of nasal symptoms experienced by patients using continuous positive airway pressure (CPAP) via a mask

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Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number N0542102350

Study information

Scientific Title

Study objectives

The research will compare outcomes for patients treated with syntaris nasal spray and heated humidification with regard to:

- 1. Incidence and severity of self-assessed nasal dryness, runny nose, blocked nose
- 2. Compliance with CPAP therapy
- 3. Annualised cost of treatment

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Nervous System Diseases: obstructive sleep apnoea (OSA)

Interventions

32 patients will be recruited from new patients presenting with OSA who are to be treated with CPAP.

The study arms are:

- 1. Nasal spray
- 2. Headed humidification

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Patients' nasal symptoms will be assessed using a self-scored scale. This will determine baseline symptoms, the effects of CPAP and of nasal sprays/humidification

Key secondary outcome(s))

Not provided at time of registration

Completion date

Eligibility

Key inclusion criteria

32 patients will be recruited from new patients presenting with OSA who are to be treated with CPAP

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/12/2002

Date of final enrolment

31/08/2003

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

RSSC

Cambridge United Kingdom CB3 8RE

Sponsor information

Organisation

Funder(s)

Funder type

Government

Funder Name

Cambridge Consortium - Papworth Hospital NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration