# Efficacy and safety of agomelatine (25-50 mg /day) for 12 weeks in patients with Generalized Anxiety Disorder

Submission date	<b>Recruitment status</b> No longer recruiting	[X] Prospectively registered		
04/07/2012		[_] Protocol		
Registration date	Overall study status	Statistical analysis plan		
07/08/2012	Completed	[X] Results		
Last Edited 18/04/2018	<b>Condition category</b> Mental and Behavioural Disorders	Individual participant data		

#### Plain English summary of protocol

Not provided at time of registration and not expected to be available in the future

### **Contact information**

**Type(s)** Scientific

**Contact name** Prof Jing Ping Zhao

#### **Contact details**

Mental Health Institute The Second Xiangya Hospital of Central South University No. 139, Renmin Middle Road Changsha, Hunan, P.R. China 410011 +86 0731 5360921 clinicaltrials@servier.com

## Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers

#### CL3-20098-078

## Study information

#### Scientific Title

Efficacy and safety of agomelatine (25-50 mg/day) for 12 weeks in patients with Generalized Anxiety Disorder: a randomised controlled trial

#### **Study objectives**

To assess the efficacy of agomelatine compared to venlafaxine after treatment in nondepressed outpatients suffering from Generalized Anxiety Disorder (GAD).

**Ethics approval required** Old ethics approval format

**Ethics approval(s)** Ethics approval was obtained before recruitment of the first participants

**Study design** 12-week randomised double-blind two-arm parallel groups international multicenter study

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Hospital

Study type(s) Screening

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

#### Health condition(s) or problem(s) studied

Generalized Anxiety Disorder

#### Interventions

Therapeutic oral doses of agomelatine (25-50mg/day p.o.) and of Serotoninnorepinephrine reuptake inhibitors (SNRI), venlafaxine (p.o.), a 12 weeks study.

Intervention Type Other

**Phase** Not Applicable

#### Primary outcome measure

HAM-A total score expressed mainly in terms of change from baseline to last post-baseline value over the 12-week period.

Secondary outcome measures

No secondary outcome measures

Overall study start date 01/11/2012

Completion date

31/07/2014

## Eligibility

#### Key inclusion criteria

 Asian patients aged 18 years
Fulfilling Diagnostic and Statistical Manual of Mental Disorders, fourth edition, text revision (DSM-IV-TR) criteria for Generalized Anxiety Disorder diagnosis confirmed by the M.I.N.I. questionnaire and requiring a psychotropic treatment.
Hamilton Anxiety Scale (HAM-A) total score >22

Participant type(s) Patient

**Age group** Adult

**Lower age limit** 18 Years

**Sex** Both

**Target number of participants** 510

#### Key exclusion criteria

1. All types of current anxiety disorders (within 6 months prior to the selection visit) other than generalized anxiety disorder (GAD)

2. Current diagnosis of any other psychiatric disorders than GAD or severe or uncontrolled organic disease

3. Any clinically relevant abnormality detected during the physical examination, ECG, liver B ultrasound exams or laboratory tests likely to interfere with the study conduct or evaluations 4. Pregnancy or breastfeeding women

Date of first enrolment

01/11/2012

Date of final enrolment

31/07/2014

### Locations

**Countries of recruitment** China

Hong Kong

Malaysia

Singapore

Taiwan

Thailand

#### **Study participating centre Mental Health Institute** Changsha, Hunan, P.R. China 410011

### Sponsor information

#### **Organisation** Institut de Recherches Internationales Servier (France)

#### Sponsor details

50 rue Carnot Suresnes France 92284

#### Sponsor type

Industry

Website http://www.servier.com/

ROR https://ror.org/034e7c066

## Funder(s)

#### Funder type Industry

**Funder Name** Institut de Recherches Internationales Servier (France)

## **Results and Publications**

#### Publication and dissemination plan

Summary results are published in https://clinicaltrials.servier.com. For interventional Phase III studies ending after the 1st January 2014, the results are/will be published in scientific literature.

#### Intention to publish date

#### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be available upon request from https://clinicaltrials.servier.com if a Marketing Authorisation has been granted after 1st January 2014.

#### IPD sharing plan summary

Available on request

Study outputs					
Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Basic results				No	No