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Cognitive remediation for young people with schizophrenia

Submission date	Recruitment status	[ ] Prospectively registered
20/03/2006	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
05/05/2006	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
07/12/2010	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
SCYP 97/06

Study information

Scientific Title

Study objectives

Cognitive remediation will improve cognition relative to treatment as usual

Ethics approval required
Old ethics approval format

Ethics approval(s)
Approved by the South London and Maudsley Ethics Committee as an amendment to a previous application, reference number: 008/99 and the North East London Ethics Committee Oct 02, reference number: P/02/192

Study design
Randomised controlled trial

Primary study design
Interventional

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Schizophrenia

Interventions
Cognitive remediation therapy versus usual care

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
1. Cognitive flexibility (number of categories achieved on the Wisconsin Card Sort Test [WCST] Heaton et al.)
2. Memory (raw score from Digit Span: Wechsler Adult Intelligence Scale-III [WAIS-III] Wechsler, 1981)
3. Planning (modified six elements)

Key secondary outcome(s))
1. Social Behaviour Schedule ([SBS] Wykes and Sturt, 1986) for social functioning
2. Brief Psychiatric Rating Scale (for symptoms) using Lukoff et al. version and Shaffer Factor Scores
3. Quality of Life Scale (for social inclusion)
4. Rosenberg Self Esteem Scale (Rosenberg, 1965)

Completion date
30/09/2004

Eligibility

Key inclusion criteria
1. A diagnosis of schizophrenia according to the Diagnostic and Statistical Manual, 4th (DSM IV); had a first episode while still a teenager and their duration of illness was 3 years or less
2. Cognitive difficulties in cognitive flexibility (below the 16th centile on the Wisconsin Card Sort Test) and/or memory (poor performance on the Rivermead Behavioural Memory Test)
3. Difficulties in social functioning (at least one problem on the Social Behaviour Scale)
4. Stable medication, in terms of type and dose, for at least one month prior to inclusion

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Child

Sex
All

Key exclusion criteria
1. Evidence of organic brain disorder (e.g. epilepsy)
2. A diagnosis of current substance abuse as defined by the DSM IV
3. A plan to change medication during the trial

Date of first enrolment
30/09/1998

Date of final enrolment
30/09/2004

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Department of Psychology
London
United Kingdom
SE5 8AF

Sponsor information

Organisation
King's College London (UK)

ROR
https://ror.org/0220mzb33

Funder(s)

Funder type
Charity

Funder Name
Mental Health Foundation SCYP 97/06, research support account PAH9009

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2007		Yes	No