# Cognitive remediation for young people with schizophrenia

Submission date	Recruitment status	Prospectively registered		
20/03/2006	No longer recruiting	☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
05/05/2006	Completed	[X] Results		
<b>Last Edited</b> 07/12/2010	<b>Condition category</b> Mental and Behavioural Disorders	Individual participant data		

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

**Prof Til Wykes** 

#### Contact details

Department of Psychology P O Box 77 Institute of Psychiatry De Crespigny Park London United Kingdom SE5 8AF

# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

SCYP 97/06

# Study information

#### Scientific Title

#### **Study objectives**

Cognitive remediation will improve cognition relative to treatment as usual

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Approved by the South London and Maudsley Ethics Committee as an amendment to a previous application, reference number: 008/99 and the North East London Ethics Committee Oct 02, reference number: P/02/192

#### Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

# Study setting(s)

Not specified

# Study type(s)

Treatment

#### Participant information sheet

## Health condition(s) or problem(s) studied

Schizophrenia

#### **Interventions**

Cognitive remediation therapy versus usual care

#### **Intervention Type**

Other

#### **Phase**

**Not Specified** 

#### Primary outcome measure

1. Cognitive flexibility (number of categories achieved on the Wisconsin Card Sort Test [WCST] Heaton et al.)

- 2. Memory (raw score from Digit Span: Wechsler Adult Intelligence Scale-III [WAIS-III] Wechsler, 1981)
- 3. Planning (modified six elements)

### Secondary outcome measures

- 1. Social Behaviour Schedule ([SBS] Wykes and Sturt, 1986) for social functioning
- 2. Brief Psychiatric Rating Scale (for symptoms) using Lukoff et al. version and Shaffer Factor Scores
- 3. Quality of Life Scale (for social inclusion)
- 4. Rosenberg Self Esteem Scale (Rosenberg, 1965)

#### Overall study start date

30/09/1998

#### Completion date

30/09/2004

# **Eligibility**

#### Key inclusion criteria

- 1. A diagnosis of schizophrenia according to the Diagnostic and Statistical Manual, 4th (DSM IV); had a first episode while still a teenager and their duration of illness was 3 years or less
- 2. Cognitive difficulties in cognitive flexibility (below the 16th centile on the Wisconsin Card Sort Test) and/or memory (poor performance on the Rivermead Behavioural Memory Test)
- 3. Difficulties in social functioning (at least one problem on the Social Behaviour Scale)
- 4. Stable medication, in terms of type and dose, for at least one month prior to inclusion

#### Participant type(s)

Patient

#### Age group

Child

#### Sex

Both

# Target number of participants

40

#### Key exclusion criteria

- 1. Evidence of organic brain disorder (e.g. epilepsy)
- 2. A diagnosis of current substance abuse as defined by the DSM IV
- 3. A plan to change medication during the trial

#### Date of first enrolment

30/09/1998

#### Date of final enrolment

30/09/2004

# **Locations**

#### Countries of recruitment

England

**SE5 8AF** 

**United Kingdom** 

Study participating centre
Department of Psychology
London
United Kingdom

# Sponsor information

## Organisation

King's College London (UK)

## Sponsor details

De Crespigny Park London England United Kingdom SE5 8AF

## Sponsor type

University/education

#### Website

http://www.iop.kcl.ac.uk

#### **ROR**

https://ror.org/0220mzb33

# Funder(s)

#### Funder type

Charity

#### **Funder Name**

Mental Health Foundation SCYP 97/06, research support account PAH9009

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

**Study outputs** 

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2007		Yes	No