

# Primary prevention of bed-wetting: the effectiveness of simple interventions by the parents

**Submission date**  
26/09/2006

**Recruitment status**  
No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**  
26/09/2006

**Overall study status**  
Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**  
15/04/2009

**Condition category**  
Mental and Behavioural Disorders

☐ Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

TNO Quality of life

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## Additional identifiers

### Protocol serial number

NTR690

## Study information

### Scientific Title

**Acronym**

BET-project (Bedwetting Effective Techniques)

**Study objectives**

Interventions such as the calender method and waking up will increase the number of children getting continent compared to doing nothing (control group).

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Received from the local medical ethics committee

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Bedwetting

**Interventions**

1. Waking up with password
2. Waking up without password
3. Calender method

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

No bedwetting, that is: dry nights at least 14 days in a row.

**Key secondary outcome(s))**

No secondary outcome measures

**Completion date**

01/10/2006

**Eligibility****Key inclusion criteria**

1. Children aged four and five years, bedwetting more than two night per week
2. Parents speak Dutch

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Child

**Lower age limit**

4 years

**Upper age limit**

5 years

**Sex**

All

**Key exclusion criteria**

Being treated with medication or alarm treatment of possible pathology for bed wetting.

**Date of first enrolment**

01/12/2004

**Date of final enrolment**

01/10/2006

**Locations****Countries of recruitment**

Netherlands

**Study participating centre**

TNO Quality of life

Leiden

Netherlands

2301 CE

**Sponsor information****Organisation**

TNO Quality of Life (Netherlands)

ROR

<https://ror.org/01bnjb948>

## Funder(s)

### Funder type

Research organisation

### Funder Name

The Netherlands Organisation for Health Research and Development (ZonMw) (Netherlands)

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/05/2009		Yes	No