

# The Effect of Long term Low dose Erythromycin on cough frequency in chronic unexplained cough: a randomised double-blind placebo controlled parallel group trial

<b>Submission date</b> 24/07/2007	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 06/08/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 26/10/2012	<b>Condition category</b> Signs and Symptoms	<input type="checkbox"/> Individual participant data

## Plain English Summary

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Nadia Yousaf

### Contact details

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Groby Road  
Leicester  
United Kingdom  
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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

## Scientific Title

## Acronym

ELLE

## Study hypothesis

Long term low dose erythromycin will improve both objective and subjective markers of chronic unexplained cough.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Leicestershire, Northamptonshire and Rutland Research Ethics Committee 1, 26th October 2007 (ref: 07/H0406/193).

## Study design

Randomised double-blind placebo controlled parallel group trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Condition

Chronic unexplained cough

## Interventions

250 mg of erythromycin once a day for three months or placebo once a day for three months.

## Intervention Type

Drug

## Phase

Not Specified

## Drug/device/biological/vaccine name(s)

Erythromycin

**Primary outcome measure**

24-hour cough frequency.

Primary and secondary endpoints will be measured at baseline, 6 weeks into treatment, at 3 months (at the end of treatment) and at 3 months after the end of treatment.

**Secondary outcome measures**

1. Leicester cough questionnaire score
2. Visual analogue score
3. Difference in sputum inflammatory markers

Primary and secondary endpoints will be measured at baseline, 6 weeks into treatment, at 3 months (at the end of treatment) and at 3 months after the end of treatment.

**Overall study start date**

01/09/2007

**Overall study end date**

01/08/2009

## Eligibility

**Participant inclusion criteria**

1. Cough lasting greater than eight weeks
2. Normal Spirometry
3. A Provocative Concentration of methacholine required to cause a 20% fall (PC20) in Forced Expiratory Volume in one second (FEV1) of greater than 8 mg/ml
4. A normal sputum eosinophil count (less than 3%)
5. No response to a three-month trial of treatment with a high dose Proton-Pump Inhibitor (PPI)
6. No response to a trial of a nasal steroid
7. A normal thoracic Computed Tomography (CT)

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

40

**Participant exclusion criteria**

1. Current smokers or past smokers with a greater than 10 pack year history will be excluded
2. Those with a history of intolerance macrolide antibiotics
3. Pregnant or breastfeeding women

**Recruitment start date**

01/09/2007

**Recruitment end date**

01/08/2009

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre****Glenfield Hospital**

Leicester

United Kingdom

LE3 9QP

## Sponsor information

**Organisation**

University Hospitals of Leicester NHS Trust (UK)

**Sponsor details**

c/o Professor David Rowbotham

Leicester General Hospital

Research Office

Gwendolen Road

Leicester

England

United Kingdom

LE5 4PW

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.uhl-tr.nhs.uk/>

**ROR**

<https://ror.org/02fha3693>

# Funder(s)

## Funder type

Hospital/treatment centre

## Funder Name

Glenfield Hospital Clinical Trials Unit (UK)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/12/2010		Yes	No