

# Evaluation of the efficacy of treatment with ANW for facial acne

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		<input type="checkbox"/> Protocol
<b>Registration date</b> 16/08/2011	<b>Overall study status</b> Stopped	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 13/04/2017	<b>Condition category</b> Skin and Connective Tissue Diseases	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Acne is a common skin condition that causes spots, oily skin and sometimes skin that's hot or painful to touch, and often develops on the face. The aim of this study is to test the effectiveness and safety of ANW as a medical device for the treatment of facial acne.

### Who can participate?

Patients aged over 18 with facial acne

### What does the study involve?

Participants are randomly allocated to be treated with either the ANW solution or purified water (placebo/dummy drug). The treatments are sprayed on the face twice daily for 12 weeks. No other skin treatment for acne is allowed, except the ones agreed with the researcher at the start of the study.

Assessments are carried out after 2, 4, 8, 12 and 16 weeks for follow up of effectiveness and safety.

### What are the possible benefits and risks of participating?

Results obtained with equivalent devices indicate that ANW may be effective in the treatment of acne. No side effects are expected from the use of this device.

### Where is the study run from?

San Raffaele Scientific Institute (Italy)

### When is study starting and how long is it expected to run for?

March 2011 to May 2012

### Who is funding the study?

Applied Pharma Research (Switzerland)

### Who is the main contact?

Prof. Santo Raffaele Mercuri

# Contact information

## Type(s)

Scientific

## Contact name

Prof Santo Raffaele Mercuri

## Contact details

Dermatology Unit

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# Additional identifiers

## Protocol serial number

N/A

# Study information

## Scientific Title

Evaluation of the efficacy of treatment with ANW for facial acne

## Acronym

ACNE\_ANW

## Study objectives

The hypothesis is that ANW works better than placebo in the treatment of facial acne (degree 2-3 of IGA scale)

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Il Comitato Ethico Della Fondazione Centro San Raffaele del Monte Tabor Istituto Scientifico

Ospedale San Raffaele - Milanom, 09/09/2010

## Study design

Double-blind randomized monocentric placebo-controlled clinical study

## Primary study design

Interventional

## Study type(s)

Treatment

## **Health condition(s) or problem(s) studied**

Facial acne

## **Interventions**

1. ANW vs placebo
2. Two daily treatments (morning and evening for 12 consecutive weeks)
3. Each daily treatment consists in spraying the product on the skin affected by acne (13 times of 100ul each to cover the entire face) and let it dry for at least 2 minutes, then in repeating the operation and let it dry again for at least 2 minutes

## **Intervention Type**

Other

## **Phase**

Not Applicable

## **Primary outcome(s)**

1. The present pilot study will assess the efficacy and safety of ANW solution in the treatment of facial acne
2. Both the assessment of the IGA and the number of inflammatory (mainly papules and pustules) and non inflammatory (mainly comedones) lesions will serve as primary end-points for quantifying treatment efficacy, to be assessed at each planned visit, including the first (recruitment) visit
3. Non-inflammatory lesions (open -blackheads- or closed -white heads- comedones), are not expected to be affected by ANW treatment
4. Nevertheless, they will be counted in order to evaluate whether there is any effect on this parameter, either curative or comedogenic
5. The safety of the product will be monitored during the whole study by reporting all the Adverse Events in the CRF, diary

## **Key secondary outcome(s)**

1. Subjects who will provide specific consent will be photographed by a standardized method, using high-resolution digital photography
2. In any case photos will be taken with a framing and/or post-acquisition elaboration preventing recognition of the photographed subject
3. A nine-score grading of acne severity will be performed by the Investigator according to his /her clinical judgement at each visit starting from scheduled visit 2
4. This assessment will considered modification of the clinical severity in comparison with the previous scheduled visit, in accordance to the following qualitative evaluation (as reported in proper CRF)
5. Each subject is invited to report daily in the diary his/her subjective evaluation regarding the treatment
6. Furthermore, a standardized questionnaire on Quality of Life assessment in subjects affected by facial acne (Acne-QoL) will be appended to the diary for self-administration at two visits, namely at study entry and after the 12-week treatment period (scheduled visit number 5)
7. The 19 questions of Acne-QoL are framed to be specific to site (... because of your facial acne) and time (... in the past week)
8. The measurement of psychosocial impact of disease has, until recently, been a relatively neglected component of the clinical paradigm
9. In acne, increasing recognition that objective clinical measures may be inadequate in assessing the overall impact and effect of this disease has led to the development of disease-specific

psychometric instruments

10. The Acne-QoL questionnaire was developed specifically to assess health-related quality of life for clinical trials in acne and has been widely validated in several clinical studies

**Completion date**

31/05/2012

**Reason abandoned (if study stopped)**

Participant recruitment issue

## **Eligibility**

**Key inclusion criteria**

1. Male or female patients with acne
2. Above age 18
3. Able to comply with the study procedures, in the opinion of the investigator, and able to give a voluntary written informed consent for participation in the trial
4. Diagnosis of severity of facial acne either 2 or 3 grade according to the Investigators Global Assessment (IGA) scale
5. The patient can exclude to become pregnant during the study

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Pregnancy
2. Breastfeeding
3. More than one nodulo-cystic lesion per side of the face
4. Subject with facial acne who used any topical treatment in the last 7 days, and/or systemic antibiotic therapy in the last 30 days and/or systemic retinoid in the last six months
5. Cancer or history of cancer
6. Significant history of hematologic, cardiovascular, renal, neurologic, psychiatric, endocrinologic, metabolic, immunologic, or hepatic disease
7. Reported HIV infection
8. Known or suspected individual hypersensitivity to any component of the product
9. Use of hormonal contraceptives, stilbestrol/ d.e.s., primidone, fluoxetine, phenylpropanolamine, methylphenidate, troglitazone, gemfibrozil, cerivastatin, isotretinoin

**Date of first enrolment**

08/03/2011

**Date of final enrolment**

31/05/2012

## **Locations**

**Countries of recruitment**

Italy

**Study participating centre**

San Raffaele Scientific Institute and San Raffaele University Medical School Vita-Salute

Milano

Italy

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## **Sponsor information**

**Organisation**

Applied Pharma Research (Switzerland)

**ROR**

<https://ror.org/05c2q0q08>

## **Funder(s)**

**Funder type**

Industry

**Funder Name**

Applied Pharma Research (Switzerland)

## **Results and Publications**

**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes