

# Adhesion prevention with icodextrin

<b>Submission date</b> 04/01/2008	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 22/02/2008	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 22/02/2008	<b>Condition category</b> Digestive System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

## Study information

Scientific Title

The effect of 4% icodextrin solution vs lactated Ringer's solution on adhesiolysis during Hartmann's reversal: A multi-centre randomised controlled trial

### **Study objectives**

Laparotomy almost always causes peritoneal adhesions, which further causes morbidity and even mortality. A regimen to prevent peritoneal adhesions is urgently needed. Icodextrin has been shown to prevent adhesion formation, and our study investigated further the efficacy of icodextrin in colorectal operation.

### **Study hypothesis:**

4% icodextrin solution decreases adhesion formation and time needed to divide them after Hartmann's procedure compared to lactated Ringer's solution.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

National approval of the study received on 30 April 2003 from the Ethical Committee of Päijät-Häme Hospital District ETL-code Q36. Further approved by every local ethical committee of participating hospitals.

### **Study design**

Prospective, double-blind, multi-centre, randomised controlled trial

### **Primary study design**

Interventional

### **Secondary study design**

Randomised controlled trial

### **Study setting(s)**

Not specified

### **Study type(s)**

Treatment

### **Participant information sheet**

### **Health condition(s) or problem(s) studied**

Laparotomy/ peritoneal adhesions

### **Interventions**

The study group receives at the end of Hartmann's procedure 1000 ml of 4 % icodextrin instilled into the abdomen. The control group receives same amount of lactated Ringer's solution.

### **Intervention Type**

Other

### **Phase**

Not Specified

**Primary outcome measure**

1. Time needed to separate postoperative adhesions, assessed approximately 3 months after hartmann's reversal procedure
2. Total operative time

**Secondary outcome measures**

1. Complications and recovery after Hartmann's reversal procedure. Duration of follow-up: 1 month
2. Safety of icodextrin. Duration of follow-up: 1 month

**Overall study start date**

01/10/2003

**Completion date**

31/12/2006

## Eligibility

**Key inclusion criteria**

All patients having rectosigmoid colon obstruction, perforation or diverticulitis (with or without perforation) for which a Hartmann's operation was planned

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

40

**Key exclusion criteria**

1. Refusal to consent
2. Pregnancy
3. Peritoneal carcinoma
4. Postoperative radiotherapy before restorative surgery
5. Reoperation violating study protocol
6. Severe concomitant disease or other reason that would probably interfere with the restorative surgery

**Date of first enrolment**

01/10/2003

**Date of final enrolment**

31/12/2006

## Locations

**Countries of recruitment**

Finland

**Study participating centre**

Department of Surgery

Lahti

Finland

15850

## **Sponsor information**

**Organisation**

Päijät-Häme Central Hospital (Finland)

**Sponsor details**

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**Sponsor type**

Not defined

**ROR**

<https://ror.org/02v92t976>

## **Funder(s)**

**Funder type**

Hospital/treatment centre

**Funder Name**

Internally funded by the Päijät-Häme Central Hospital (Finland)

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration