# Open reduction and internal fixation versus closed reduction and casting for highly comminuted, intraarticular fractures of the distal radius

Submission date	Recruitment status  No longer recruiting	[X] Prospectively registered		
18/07/2008		[X] Protocol		
Registration date	Overall study status	Statistical analysis plan		
31/07/2008	Completed	[X] Results		
Last Edited	Condition category	Individual participant data		
30/12/2020	Injury, Occupational Diseases, Poisoning			

## Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Prof Florian Gebhard

### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

DRKS00000041

# Study information

### Scientific Title

Open reduction and internal fixation versus closed reduction and casting for highly comminuted, intraarticular fractures of the distal radius

## Acronym

**ORCHID** 

## **Study objectives**

Open reduction and volar plate fixation of AO C-type fractures of the distal radius in patients >65 years will lead to a difference in Short-Form 36 (SF-36) Physical Component Scores (PCS) of  $2.5 \pm standard$  deviation 10 points after one year of follow-up, compared to closed reduction and cast stabilisation.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

- 1. Institutional Review Board (IRB) of the University of Ulm. Approved. (ref: 63/08)
- 2. Local IRBs of the participating institutions are currently reviewing the protocol. It is anticipated that all approvals will be provided by mid August 2008 (as of 18/07/2008).

## Study design

Pragmatic, randomised, controlled, multicentre trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

# Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Comminuted, intraarticular distal radial fractures in the elderly

#### Interventions

Target number of participants at completion of the trial is  $2 \times 252$  (n = 504). Assuming a 10% drop-out rate, 560 patients will be recruited in total.

Intervention A: Open reduction and internal fixation with volar locking plates Intervention B: Closed reduction and cast stabilisation

## Intervention Type

Other

#### Phase

**Not Specified** 

## Primary outcome measure

SF-36 PCS (V5, V6)

## Timepoints:

V1 = Baseline

V2 = Intervention

V3 = Day 1 (+ 1 day)

V4 = 2 weeks (+/- 3 days)

V5 = 3 months (+/- 1 week)

V6 = 1 year (+/- 2 months)

## Secondary outcome measures

- 1. All other SF-36 domains and SF-36 Mental Component Score (MCS) (V5, V6)
- 2. Disability of the Arm, Shoulder and Hand (DASH) questionnaire (V5, V6)
- 3. EuroQol 5D (EQ-5D) health outcome tool (V3, V5, V6)
- 4. Complications and serious adverse events (SAE), specifically treatment failures and/or surgical revisions, onset of complex regional pain syndrome (CRPS) type I (Duration of follow-up: 1 year [V6])
- 5. Wrist range of motion (V5, V6)
- 6. Need for pain medication (Total duration of follow-up: 1 year [V6])
- 7. Independent living (V3, V6)

## Timepoints:

V1 = Baseline

V2 = Intervention

V3 = Day 1 (+ 1 day)

V4 = 2 weeks (+/- 3 days)

V5 = 3 months (+/- 1 week)

V6 = 1 year (+/- 2 months)

## Overall study start date

01/09/2008

## Completion date

01/02/2012

# **Eligibility**

Key inclusion criteria

- 1. Both males and females, age >65 years
- 2. Patients with isolated, closed, unilateral, radiologically confirmed distal radial fractures (AO 23 C1 C3, as classified by the surgeon in charge)
- 3. Patients must have sustained their fracture <1 week before presentation to the centre
- 4. Patients who have not received specific treatment (e.g. prior attempt of closed reduction and casting)

## Participant type(s)

Patient

## Age group

Senior

#### Sex

Both

## Target number of participants

560

## Total final enrolment

149

## Key exclusion criteria

- 1. Clear indication for surgery (e.g. open fracture or severe soft tissue damage)
- 2. Clear contraindication for surgery (e.g. unacceptable anesthesiological risk)
- 3. Presence of factors associated with an unfavourable risk-benefit-ratio for surgery (e.g. poor skin and soft tissue conditions)
- 4. Mental disorders
- 5. Previous participation in the trial, or enrolment in another interventional study on distal radial fractures

## Date of first enrolment

01/09/2008

## Date of final enrolment

01/02/2012

# Locations

## Countries of recruitment

Germany

## Study participating centre

Department of Trauma, Hand, and Reconstructive Surgery

Ulm

Germany

89075

# Sponsor information

## Organisation

German Research Council (Deutsche Forschungsgemeinschaft [DFG]) (Germany)

## Sponsor details

Kennedyallee 40 Bonn Germany 53175 +49 228 8851 postmaster@dfg.de

## Sponsor type

Government

## Website

http://www.dfg.de

## **ROR**

https://ror.org/018mejw64

# Funder(s)

## Funder type

Government

### **Funder Name**

German Research Council (Deutsche Forschungsgemeinschaft [DFG]) (Germany) (ref: DFG GE1105/6-1)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	22/03/2011		Yes	No
Results article	results in German	14/11/2014	30/12/2020	Yes	No