Open reduction and internal fixation versus closed reduction and casting for highly comminuted, intraarticular fractures of the distal radius

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
18/07/2008		[X] Protocol		
Registration date 31/07/2008	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	Individual participant data		
30/12/2020	Injury, Occupational Diseases, Poisoning			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number DRKS00000041

Study information

Scientific Title

Open reduction and internal fixation versus closed reduction and casting for highly comminuted, intraarticular fractures of the distal radius

Acronym

ORCHID

Study objectives

Open reduction and volar plate fixation of AO C-type fractures of the distal radius in patients >65 years will lead to a difference in Short-Form 36 (SF-36) Physical Component Scores (PCS) of 2.5 ± standard deviation 10 points after one year of follow-up, compared to closed reduction and cast stabilisation.

Ethics approval required

Old ethics approval format

Ethics approval(s)

- 1. Institutional Review Board (IRB) of the University of Ulm. Approved. (ref: 63/08)
- 2. Local IRBs of the participating institutions are currently reviewing the protocol. It is anticipated that all approvals will be provided by mid August 2008 (as of 18/07/2008).

Study design

Pragmatic, randomised, controlled, multicentre trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Comminuted, intraarticular distal radial fractures in the elderly

Interventions

Target number of participants at completion of the trial is 2×252 (n = 504). Assuming a 10% drop-out rate, 560 patients will be recruited in total.

Intervention A: Open reduction and internal fixation with volar locking plates Intervention B: Closed reduction and cast stabilisation

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

SF-36 PCS (V5, V6)

Timepoints:

V1 = Baseline

V2 = Intervention

V3 = Day 1 (+ 1 day)

V4 = 2 weeks (+/- 3 days)

V5 = 3 months (+/- 1 week)

V6 = 1 year (+/- 2 months)

Key secondary outcome(s))

- 1. All other SF-36 domains and SF-36 Mental Component Score (MCS) (V5, V6)
- 2. Disability of the Arm, Shoulder and Hand (DASH) questionnaire (V5, V6)
- 3. EuroQol 5D (EQ-5D) health outcome tool (V3, V5, V6)
- 4. Complications and serious adverse events (SAE), specifically treatment failures and/or surgical revisions, onset of complex regional pain syndrome (CRPS) type I (Duration of follow-up: 1 year [V6])
- 5. Wrist range of motion (V5, V6)
- 6. Need for pain medication (Total duration of follow-up: 1 year [V6])
- 7. Independent living (V3, V6)

Timepoints:

V1 = Baseline

V2 = Intervention

V3 = Day 1 (+ 1 day)

V4 = 2 weeks (+/- 3 days)

V5 = 3 months (+/- 1 week)

V6 = 1 year (+/- 2 months)

Completion date

01/02/2012

Eligibility

Key inclusion criteria

- 1. Both males and females, age >65 years
- 2. Patients with isolated, closed, unilateral, radiologically confirmed distal radial fractures (AO 23 C1 C3, as classified by the surgeon in charge)
- 3. Patients must have sustained their fracture <1 week before presentation to the centre
- 4. Patients who have not received specific treatment (e.g. prior attempt of closed reduction and casting)

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Senior

Sex

Total final enrolment

149

Key exclusion criteria

- 1. Clear indication for surgery (e.g. open fracture or severe soft tissue damage)
- 2. Clear contraindication for surgery (e.g. unacceptable anesthesiological risk)
- 3. Presence of factors associated with an unfavourable risk-benefit-ratio for surgery (e.g. poor skin and soft tissue conditions)
- 4. Mental disorders
- 5. Previous participation in the trial, or enrolment in another interventional study on distal radial fractures

Date of first enrolment

01/09/2008

Date of final enrolment

01/02/2012

Locations

Countries of recruitment

Germany

Study participating centre

Department of Trauma, Hand, and Reconstructive Surgery

Ulm

Germany

89075

Sponsor information

Organisation

German Research Council (Deutsche Forschungsgemeinschaft [DFG]) (Germany)

ROR

https://ror.org/018mejw64

Funder(s)

Funder type

Government

Funder Name

German Research Council (Deutsche Forschungsgemeinschaft [DFG]) (Germany) (ref: DFG GE1105/6-1)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results in German	14/11/2014	30/12/2020	Yes	No
Protocol article	protocol	22/03/2011		Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes