# Comparison of soft contact lenses for myopia control

| Submission date 13/02/2023 | <b>Recruitment status</b><br>No longer recruiting | [X] Prospectively registered    |  |  |
|----------------------------|---|---------------------------------|--|--|
|                            |   | [] Protocol                     |  |  |
| <b>Registration date</b>   | Overall study status                              | [] Statistical analysis plan    |  |  |
| 13/02/2023                 | Completed   | [_] Results                     |  |  |
| Last Edited<br>13/02/2023  | <b>Condition category</b><br>Eye Diseases         | [_] Individual participant data |  |  |
|                            |   | [] Record updated in last year  |  |  |

# Plain English summary of protocol

Background and study aims

The number of adolescents with myopia (short-sightedness) has been increasing very rapidly over the last 10 - 20 years. The concern is that short-sighted eyes are more likely to develop ocular pathology (eye disease) than normal eyes from the age of 60+ years. Therefore various methods are being developed to minimise short-sightedness and prevent potential problems later in life. The aim of this study is to compare the acceptance of a new design of contact lens with a currently marketed option.

Who can participate? Children aged 12 to 18 years who are current soft contact lens wearers

#### What does the study involve?

The participants will attend a total of three visits as described below. Participants will attend the clinic on three separate occasions about 1 week apart. Two different contact lenses will be dispensed at the first two visits and to be worn for about a week. At visits 2 and 3 the participants' acceptance of the contact lenses will be assessed by the investigators.

What are the possible benefits and risks of participating? Participants have the opportunity to try contact lenses to help their vision and control the progression of their myopia. Any contact lens wear comes at the risk of corneal infection but the incidence rate is very low.

Where is the study run from? Ocular Technology Group - international (OTG-i)

When is the study starting and how long is it expected to run for? January 2022 to April 2024

Who is funding the study? Brien Holden Vision Institute (BHVI) (Australia) Who is the main contact? Deborah Moore, DMoore@otg.co.uk

# **Contact information**

**Type(s)** Public

**Contact name** Miss Deborah Moore

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# Additional identifiers

EudraCT/CTIS number Nil known

IRAS number 320023

**ClinicalTrials.gov number** Nil known

Secondary identifying numbers ID22-32 CRT2022-02, IRAS 320023

# Study information

**Scientific Title** CREST EDOF Contact Lenses vs MiSight 1day contact lenses

**Acronym** Blond

#### **Study objectives**

The hypothesis to be tested will be that the visual acceptance, reported in terms of overall binocular vision satisfaction, of the test contact lenses for myopia is non-inferior to that of the control myopia control contact lenses.

**Ethics approval required** Old ethics approval format

### Ethics approval(s)

Approved 10/11/2022, North of Scotland Research Ethics Committee (1) (Summerfield House, 2 Eday Road, Aberdeen, AB15 6RE, UK; +44 (0)1224 558458; gram.nosres@nhs.scot), ref: 22/NS /0134

#### Study design

Two-arm prospective double-masked randomized crossover trial

### Primary study design

Interventional

#### Secondary study design

Randomised cross over trial

## Study setting(s)

Other

## Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

#### Health condition(s) or problem(s) studied

Myopia

#### Interventions

Randomization is carried out by a standard computer randomization generator software. Two soft contact lenses (CREST EDOF, MiSight) will be worn by each participant in a random order in turn for approximately 1 week on a daily disposable basis. Each participant attends the clinic on three occasions: the first visit for enrolment, screening and contact lens order 1 dispense, visit 2 for contact lens order 1 follow-up and contact lens order 2 dispense, and visit 3 for contact lens order 2 follow-up and discharge.

#### Intervention Type

Device

**Phase** Not Applicable

## Drug/device/biological/vaccine name(s)

CREST EDOF, MiSight

#### Primary outcome measure

Overall binocular vision satisfaction measured using a 0-100-point Visual Analogue Scale (VAS) with anchor descriptors of 0 = Not Happy and 100 = Very Happy, measured after 1 week of contact lens wear.

#### Secondary outcome measures

Mean binocular visual acuity, which is the mean visual acuity of overall distance and overall near visual acuities, measured after 1 week of contact lens wear in logMAR

Overall study start date

20/01/2022

Completion date 15/04/2024

# Eligibility

# Key inclusion criteria

1. Age 12 to 18 years

- 2. Current soft contact lens wearers
- 3. Parent/guardian and participant have read and understood the Participant Information Sheet

4. Parent/guardian and participant have read, signed and dated the Informed Consent and Assent (when applicable)

5. Best corrected visual acuity of at least 20/25 in each eye

6. Have normal eyes with the exception of the need for visual correction

7. Spectacle refraction: Sphere -5.00D to -1.00D, Cylinder 0.00 to -0.75D

8. Be willing and able to adhere to the instructions set in the clinical protocol and maintain the appointment schedule

Participant type(s)

Patient

## Age group

Child

## Lower age limit

12 Years

Sex

Both

Target number of participants

35

# Key exclusion criteria

 Acute and subacute inflammation or infection of the anterior chamber of the eye
 Any eye disease, injury or abnormality that affects the cornea, conjunctiva or eyelids that would contraindicate contact lens wear

3. Corneal hypoesthesia (reduced corneal sensitivity), if not aphakic

4. Severe insufficiency of lacrimal secretion (dry eyes)

5. Any systemic disease that may affect the eye or may be exaggerated by wearing contact lenses (e.g. eczema and acne)

6. Allergic reactions of ocular surfaces or adnexa that may be induced or exaggerated by wearing contact lenses or use of contact lens solutions

7. Any active corneal infection (bacterial, fungal, protozoal or viral)

8. Newly prescribed (within the past 30 days) use of some systemic medications (such as

antihistamines, decongestants, diuretics, muscle relaxants, tranquilizers, stimulants, antidepressants, anti-psychotics, oral contraceptives) or new prescription eyedrops which is not rewetting/lubricating eyedrops for which contact lens wear could be contraindicated as determined by the investigator

9. Monocular participants (only one eye with functional vision) or participants fit with only one lens

10. Subjects with slit lamp findings greater than grade 1 (e.g. edema, infiltrates, corneal neovascularization, corneal staining, tarsal abnormalities, conjunctival, anterior segment inflammation) as per ISO 11980, any previous history or signs of a contact lens related corneal inflammatory event (past corneal ulcers), or any other ocular abnormality that may contraindicate contact lens wear at the enrolment visit

11. History of corneal refractive surgery

12. Enrolment of the family members of the investigator, family members of the investigator's staff, or individuals living in the households of these individuals.

13. Current wearer of the control contact lenses

## Date of first enrolment

20/02/2023

# Date of final enrolment

31/12/2023

# Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre Ocular Technology Group - International** 66 Buckingham Gate London United Kingdom SW1E 6AU

# Sponsor information

**Organisation** Brien Holden Vision Institute

## Sponsor details

Level 4 North Wing Rupert Myers Building Gate 14 Barker Street Sydney Australia 2052 +61 (0)290650721 l.seesink@bhvi.org

**Sponsor type** Research organisation

Website http://www.brienholdenvision.org/

ROR https://ror.org/00g1p6865

# Funder(s)

**Funder type** Research organisation

**Funder Name** Brien Holden Vision Institute

Alternative Name(s)

**Funding Body Type** Private sector organisation

**Funding Body Subtype** Other non-profit organizations

**Location** Australia

# **Results and Publications**

**Publication and dissemination plan** There are no plans at this stage for publication or dissemination

Intention to publish date

**Individual participant data (IPD) sharing plan** The data sharing plans for this study are unknown at this stage and will be made available at a later date.

IPD sharing plan summary

Data sharing statement to be made available at a later date

| Study outputs        |         |              |            |                |                 |
|----------------------|---------|--------------|------------|----------------|-----------------|
| Output type          | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
| HRA research summary |         |              | 28/06/2023 | No             | No              |