# Do self management plans for asthma based on symptoms confer advantage in reducing asthma morbidity in addition to regular attendance at a nurse run asthma clinic?

23/01/2004	Stopped	Prospectively registered
23/01/2004	Stopped	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
23/01/2004	Stopped	☐ Results
Last Edited	Condition category	Individual participant data
18/01/2010	Respiratory	Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## **Contact information**

## Type(s)

Scientific

#### Contact name

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#### Contact details

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## Additional identifiers

Protocol serial number HUGHES1X

# Study information

#### Scientific Title

#### **Study objectives**

Do self management plans for asthma based on symptoms confer advantage in reducing asthma morbidity in addition to regular attendance at a nurse run asthma clinic?

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

**Asthma** 

#### **Interventions**

- 1. Self management' group increasing inhaled preventer treatment in response to asthma symptoms
- 2. Control group no self-management

### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome(s)

Between group comparison of asthma morbidity and medical involvement at end of study.

## Key secondary outcome(s))

Not provided at time of registration

## Completion date

31/12/1993

## Reason abandoned (if study stopped)

Not specified

# **Eligibility**

## Key inclusion criteria

Patients attending asthma clinic

## Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

## Age group

**Not Specified** 

#### Sex

All

## Key exclusion criteria

Not taking regular inhaled steroids

#### Date of first enrolment

01/01/1993

#### Date of final enrolment

31/12/1993

## Locations

#### Countries of recruitment

**United Kingdom** 

England

## Study participating centre The Kirkbymoorside Surgery

York United Kingdom YO6 6AR

# Sponsor information

## Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

# Funder(s)

## Funder type

Government

## Funder Name

NHS Executive Northern and Yorkshire (UK)

## **Results and Publications**

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration